



17th BALKAN SENIORS CHAMPIONSHIPS



BULLETIN No: 1

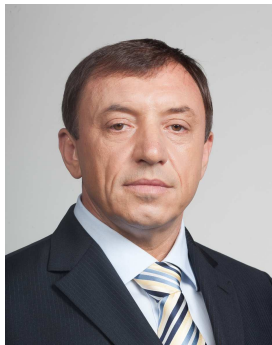
KARATE



SERBIA ČAČAK
21/22. February 2015

<http://www.balkankarate.org>
e-mail: office@balkankarate.org

Alexei Petrov, President of Karate Federation of Balkan



It is a great honor for me to invite all competitors from the Balkan countries to participate in the 17th Balkan Championships for Seniors, which will take place in Cacak, Serbia, from the 20th until the 22nd of February, 2015.

Organizing such an event is prestigious and a great responsibility.

We hope that all participants will feel the Serbian hospitality.

Karate Federation of Balkan is actively working towards the endorsement of the philosophy and spirit of Karate, promotes and develops Karate as an elite sport, as well as a mass sport for everyone. The Balkan Karate Championship in Cacak is more than just a competition, it is a place where friendship, respect and tolerance meet.

For the first time the Karate sport is included in the family of Olympic Games at the first European Games in 2015 in Baku, which will be held by the Olympic Committees of the countries in Europe. It is a challenge and a test for us. I am convinced that Karate will take its honorable place among the Olympic sports, but to achieve that we will need the required mobilization, work and dedication. Our performance will be indicative of the level of Karate in the Balkans, which will bring serious weight on the Karate Federation of Balkan.

The Karate sport is a challenge to the human spirit, the will and strength of the human body, daring and respect towards the opponent and a century old wisdom from the path. Karate speaks all languages and connects all people and generations, regardless of race, sex and religion.

I wish all participants good health and strength, boldness respect and dignity, and many sports victories.

Please accept my most sincere greetings and best wishes for success.

Let the best win!

Slavoljub Piper, President of KFS and Secretary General of the Karate Federation of Balkan



Dear guests,
Dear athletes,
Friends of karate,

It's my great pleasure to welcome all participants of the 17th Balkan Seniors Championship.

Serbia and Cacak are the traditional host a major sporting event such as this competition. Reassemble the whole Balkan in one place; it is a great honor and responsibility for our country.

Accepting the organization of this tournament we wanted to show everyone how karate is positive, mass and popular sport.

We hope that all participants and guests will see and feel the energy, knowledge and hospitality of our people and therefore will constantly return to compete. This event is more than the competition itself. It will be a combination of friendship, art and karate.

I am convinced that Serbia and Cacak, as many times before, are ready to justify the trust.

I wish that this event, for all participants and for the world karate sport, be seen as wordless dialogue in the spirit of sport philosophy. Karate speaks all languages and connects all people and generations, regardless of race, sex, religion and political status.

Let the best win!

Welcome to City of Čačak.

ORGANIZING COMMITTEE



Slavoljub Piper
President of Karate
Federation of Serbia



Vojislav Ilić
Mayor of Cacak



Veljko Negovanović
President of City
Assembly



Milovan Petrović
Chief of police of the city
of Cacak



Dragan Gojković
Member of OC



Zoran Špajaković
Member of OC



Aleksandar Milojević
Member of OC



Milenko Kostić
Member of OC



**Prof. Srećko
Jovanović, PhD**
Member of OC



**Prof. Strahinja
Tepavčević, PhD**
Member of OC



**Prof. Nenad
Koropanovski, PhD**
Vice President of KFS



Milenko Marjanović
Member of OC

WELCOME TO CACAK

City of Čačak , with more than 150,000 inhabitants, is located in central part of Serbia in Morava district. From Belgrade is far 120 km, a near Cacak in the area of the Morava district are cities Gornji Milanovac, Ivanjica, Lučani and Guča.



Located mainly in the Western Morava district, Cacak city provides the link between the wavy hills of Šumadija the north and hilly - mountainous areas inner Dinarides in the south. The central part of the city makes Cacak valley, situated between the mountains Jelice on the south, Ovčar and Kablar to the west and Vujan to the north, while to the east is open to Kraljevo basin. These mountains are slightly wavy and descend to the valley Cacak, Cacak city and during the river Zapadna Morava.



Favorable geographical location, moderate climate, the rivers, cultural and historical monuments, cultural institutions, many cultural and sporting events, creating tourist offer of Čačak.



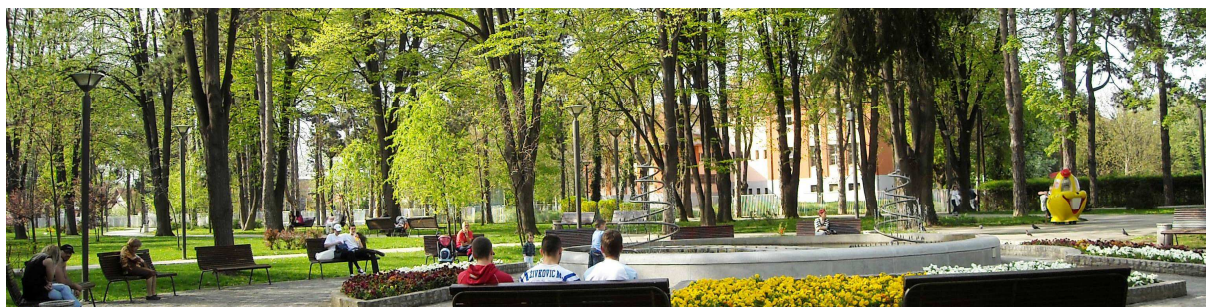
Worth monumental heritage and natural beauty of the surroundings make the Čačak like a known tourist destinations in Serbia. Culture and turbulent history of the city are preserved traces of civilization that inhabited this city and its environs. Noteworthy are the church Vaznesenja Hristovog, the National Museum, the architecture of old buildings, galleries, monuments, archaeological sites.



In this city were born significant figures in the fields of culture, arts, literature and sports. They are his work marked the era in which they created and lived among them Nadezda Petrovic, Vladislav Petković Dis, Branko V. Radičević, but also a great military leaders like Stepa Stepanovi, John Kursula, Tanasko Raji and many others.



Čačak is a city of sports with a large number of sports clubs. In and around the city there are numerous sports fields and facilities, swimming pools, where you can organize sports and recreational activities. Of course, there is the West Morava river, which kept its shores and amenities attract more visitors. It is very popular Moravian race, but other sporting event that offers a Čačak.



Only a few kilometers from Cacak, there are spa, villages, monasteries, cultural and historical monuments. Beautiful nature in Ovčarsko-Kablarska gorge, mounts Ovcar and Kablar, lakes and meanders of river Western Morava, rich flora and fauna.





VISAS

All information regarding visas can be found on the website of the Ministry of Foreign Affairs of the Republic of Serbia.

Ministry of Foreign Affairs
Kneza Miloša 24-26
tel. +381 11 3616 333, fax +381 11 3618 366
www.mfa.gov.rs

LANGUAGE

The official language is Serbian. Most of the people speak English.

TIME ZONE, ELECTRICITY AND WATER

Čačak is in the CET zone - Central European Time (GMT+1 hour).
Summer time is from the end of March to the end of October (GMT+2 hours).
The Serbian electricity network operates at 220 V~, and a frequency of 50 Hz.
The city public water supply and the water from public drinking fountains are safe and pleasant to drink.

WEATHER

Čačak has a moderate continental climate, with four seasons. Autumn is longer than spring, with longer sunny and warm periods - the so-called Indian summer. Winter is not so severe, with an average of 21 days with temperatures below zero. January is the coldest month, with an average temperature of 0.1°C. Spring is short and rainy. Summer arrives abruptly. Average air temperature in February is -5°C.

CURRENCY

The official currency is the dinar (RSD). Coins: 1, 2, 5, 10 and 20 dinars and banknotes: 10, 20, 50, 100, 200, 500, 1000, 2000 and 5000 dinars.
Currency can be exchanged in all banks and post offices, as well as in the many authorized exchange offices (exchange offices do not take exchange fees).
1 Euro is approximately 122 RSD. The most current information can be found on the National bank of Serbia official website www.nbs.rs



WORKING HOURS AND NATIONAL HOLIDAYS

Banks and post offices:

- Weekdays 08.00-17.00
- Saturdays 08.00-15.00
- Sundays, only 24-hour duty branches

Food stores:

- Weekdays 06.30-20.00 (in some cases up to 21.00)
- Saturdays 06.30-18.00 (in some cases up to 21.00)
- Sundays closed (in some cases 07.00-13.00)

Markets are open every day 06.00-17.00

Shops in shopping malls are open 09.00-20.00

Department stores:

- Weekdays from 08.00-20.00
- Saturdays 08.00-15.00
- Sundays closed

TRANSPORTATION

Orientation: Čačak has good transport connections with nearby cities thanks to its great position. It is located about 120 km to the south-west of Belgrade, 650 km from Ljubljana, 515 km from Zagreb, 330 km from Podgorica, 720 km from Bucharest, 360 km from Sofia, 900 km from Istanbul, 280 km from Sarajevo, 350 km from Skopje, 510 km from Tirana...

By plane

The nearest airport to Čačak is Belgrade's Nikola Tesla Airport. It is 120 km from Čačak and it takes roughly two hours to drive between the two cities.

Numerous foreign airline companies are also providing flights to Belgrade.

Phone: +381 11 209 4444

www.beg.aero

Transfer from the airport to Čačak can contact the organizer.

By bus

Using the bus is the most recommended option.

Phone: +381 32 222 211

Roadside assistance

Domestic call:

Phone: 1987

International call:

Phone: +381 11 1987

www.amss.rs, info@amss.rs

HEALTH AND SAFETY CONCERNS

The organizer has provided for the participants to be taken care of by Health Center "Dr Dragiša Mišović", which is located in the center of Čačak.

Zdravstveni centar "Dr Dragiša Mišović",
Dr Dragiša Mišović Str. 205
Serbia
32000 Čačak
Phone: +381 32 307 066
Fax: +381 32 377 061
zdravstvenicentarca@gmail.com
<http://www.zccacak.rs>

The Ministry of Interior, Republic of Serbia will be in charge of general safety.

Police

Dial 192 from any phone



ACCOMMODATION:

HOTEL BEOGRAD HQ

Offering a restaurant, Hotel Beograd is located in Čačak. Free WiFi access is available. Each room here will provide you with a TV, air conditioning and cable channels. Featuring a bath or shower, private bathroom also comes with a hairdryer and bathrobes. You can enjoy city view from the room. Extras include a desk, a safety deposit box and bed linen.

At Hotel Beograd you will find a 24-hour front desk, a terrace and a bar. Other facilities offered at the property include a shared lounge, luggage storage and an ironing service.



HOTEL LIVADE

The hotel has different types of rooms and suites satisfying a variety of demands of its guests and meeting modern standards of high-class hotel industry: single rooms, double rooms, twin-bed rooms with king bed, family rooms and suits. The hotel has 52 rooms. The standard hotel service is bed and breakfast. Half board and full board are also available. Breakfast is based on self-service and the guests are offered a wide variety of food and drinks: pastry, cheese, ham, butter, jam, honey, hot meals, fruit, cold and hot beverages.



HOTEL KOLE

Offering a restaurant, Hotel Kole is located in Čačak. Free WiFi access is available. Each room here will provide you with air conditioning, a minibar and satellite channels. Featuring a shower, private bathroom also comes with a hairdryer and free toiletries. Extras include a desk, a safety deposit box and bed linen.

At Hotel Kole you will find a 24-hour front desk, a terrace and a bar. Other facilities offered at the property include grocery deliveries, meeting facilities and a shared lounge. The property offers free parking.



HOTEL VUJAN

With new hotel „Vujan“, Atomic Spa has enriched its offer with 122 beds (52 single and double beds rooms and 5 apartments). All rooms have high-quality furniture with LCD TV, telephone, internet and air condition. All of this makes their stay more comfortable. Hidro block is equipped with modern hidro-massage tubs, room for kinesitherapy, manual massage, work and electrotherapy, medical office, elevator and conference room with 50 seats.



| Hotel | Category | Distance from the Sport Hall | 1/1 | 1/2 twin | 1/2 queen | 1/3 | 1/4 | Extra meal |
|------------|----------|------------------------------|-----|----------|-----------|-----|-----|------------|
| Beograd HQ | 4 | 300 m | 40 | 38 | | 35 | | 8 |
| Livade | 3 | 2,5 km | 32 | 30 | 29 | 27 | 26 | 8 |
| Kole | 3 | 2 km | 32 | 30 | 29 | 27 | | 8 |
| Vujan | 4 | 15 km (20 min) | 35 | 28 | | | | 8 |
| Tema Nova | 3 | 300 m | | 30 | 28 | | | 8 |
| Laki | 2 | 2 km | 25 | 23 | 22 | 21 | 20 | 8 |

Prices are in EUROS per person per night.

Prices include accommodation, breakfast and dinner.

The number of rooms available are limited and a first come first serve policy will be implemented.

Note: Please be informed that when making changes to your initial reservation, the first change is free of charge, from the second change onwards, the change is 15 Euros to cover office fees.

BOOKING AND PAYMENT FOR THE ACCOMMODATION AND TRANSFERS

The bookings have to be done by filling up the registering form, and sending it to e-mail:

office1@karateserbia.org

A reservation and 100% of the total price should be paid up to February 02nd, 2015; this date will be considered final.

Rooming list must include a contact person with the email address and phone number.

NOTICE:

Booking and payment should be made to the Karate Federation of Serbia with deadline February 02nd, 2015.

All athletes and delegations must be accommodated in hotels in the organization of the Technical Organizer (KFB Statute, Article 57).



TRANSFERS

The organizer will provide parking space for buses.

IMPORTANT NOTES

Deadline for registration of competitors and team is February 10th, 2015. To apply, it is necessary to use on line Sport Data.

All competitors must bring with them their own gloves and belts (red and blue) and all other protective equipment approved by the WKF.

FEE

| | |
|---|---------|
| Participation fee of Kata individual: | 20 Euro |
| Participation fee of Kata Team: | 15 Euro |
| Participation fee of Kumite Team: | 20 Euro |
| Participation fee of Kumite individual: | 20 Euro |

A country can register:

- up to 4 competitors for individual Kata events
- up to 4 competitors for individual Kumite event
- 1 Team for Kata Team
- 1 Team for Kumite Team.

All athletes and delegations must be accommodated in hotels in the organization of the Technical Organizer (KFB Statute, Article 57).

AGE CATEGORIES

| | |
|--------|------------------------|
| Senior | Kata +16 Kumite +18 |
|--------|------------------------|

KATA

| AGE | INDIVIDUAL | TEAM |
|--------|------------|------|
| Senior | +16 | +16 |

WEIGHT CATEGORIES

| | INDIVIDUAL | | | | | TEAM |
|--------|------------|-----|-----|-----|-----|----------|
| Female | -50 | -55 | -61 | -68 | 68+ | 3+1 Open |
| Male | -60 | -67 | -75 | -84 | 84+ | 5+2 Open |

INSURANCE

It is compulsory for all participants and delegation members to effectuate their own medical insurance and personal trip insurance. Karate Federation of Serbia and Karate Federation of Balkan are taking no liability for these concepts.

During the registration each delegation must present the signed insurance form.

ENTRANCE

Entrance to the Sport Hall will be free of charge.

FLAG AND ANTHEM

Each participating country is requested to provide 2 national flags and a CD/DVD with the national anthem.



SPORT VENUE – HALL “BORAC NEAR THE MORAVA”

One of the synonyms for sport in Cacak called Hala Borac near the Morava river or simply the "Hala kraj Morave", and is the largest sports hall of the city of Cacak.

The capacity of the hall is 4.000 people and is located next to the West Morava river, by which it was named. End of 2008. the year began with the reconstruction of the hall. In addition to basketball games in the hall, they organize concerts, dance contest, kik boks match, karate tournament "Golden Belt" as well as many other events.

In addition to the closed field, which meets the highest standards of sports, stands with seats, journalistic lodge and VIP lodge, Hall has six dressing rooms for athletes, press room, meeting rooms and a number of offices.

This sports complex has four outdoor basketball courts. This "temple" of sports in fits the atmosphere of the Western Morava River, not far from the halls are: swimming pools, running tracks and many other auxiliary fields and facilities.





EVENT'S PROGRAMME

FRIDAY, February 20th, 2015

| | | |
|---------------|---------------------------------|------------------------------|
| 10:00 – 19:00 | Registration of Delegations | HQ Hotel |
| 16:00 – 19:00 | Weighing, All Categories | Hall "Borac Near the Morava" |
| 19:00 – 20:30 | KFB Executive Committee Meeting | HQ Hotel |
| 20:00 – 20:30 | Draw | HQ Hotel |

COMPETITION SCHEDULE

SATURDAY, February 21st, 2015

| Time | | M/F | | | Tatami | |
|-------------|------------------|--------|--|--|--------|--------------------------|
| 09.00 | Kata individual | Female | | | | Eliminatories&Repechages |
| | Kata individual | Male | | | | Eliminatories&Repechages |
| 10.00 | -61 kg | Female | | | | Eliminatories&Repechages |
| | -68 kg | Female | | | | Eliminatories&Repechages |
| | +68 kg | Female | | | | Eliminatories&Repechages |
| | -67 kg | Male | | | | Eliminatories&Repechages |
| | -75 kg | Male | | | | Eliminatories&Repechages |
| | -84 kg | Male | | | | Eliminatories&Repechages |
| | +84 kg | Male | | | | Eliminatories&Repechages |
| 17.30-18.00 | Opening Ceremony | | | | | |
| 18.00-19.30 | All Finals | | | | | |
| 19.30-20.30 | Medals Ceremony | | | | | |

SUNDAY, February 22th, 2015

| Time | | M/F | | | Tatami | |
|-------|------------------|--------|--|--|--------|------------------------|
| 09.00 | Team Kata | Female | | | | Eliminatory&Repechages |
| | Team Kata | Male | | | | Eliminatory&Repechages |
| 09.30 | -50 kg | Female | | | | Eliminatory&Repechages |
| | -55 kg | Female | | | | Eliminatory&Repechages |
| | -60 kg | Male | | | | Eliminatory&Repechages |
| 12.00 | Team Kumite | Female | | | | Eliminatory&Repechages |
| | Team Kumite | Male | | | | Eliminatory&Repechages |
| 15.00 | All Finals | | | | | |
| 16.00 | Medals Ceremony | | | | | |
| 17.00 | Closing Ceremony | | | | | |





17th Balkan Seniors Championships



ROOMING LIST FORM

National Team (Country):

Hotel (in order of preference according to the accommodation form):

| No | Name/Surname | Pos* | Check In Date | Check Out Date | Number of nights | Room type** | | Extra meal |
|----|--------------|------|---------------|----------------|------------------|-------------|--|------------|
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17th Balkan Seniors Championships



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* Position: C=Competitor, Co=Coaches, De=Delegation Head, P=President of NF,
 R=Referees/Judges, D=Doctors, V=VIPs, A=Administration, P=Press,
 O=Others

** Room type: S=Single, D=Double, T=Triple

Dated: _____
 Name of Contact Person: _____
 e-mail address: _____ phone number: _____
 Signature: _____ Official Stamp: _____

BOOKING FORM

| | |
|-----------|----------------------|
| COUNTRY | |
| NAME | 1 st NAME |
| PHONE NO. | MOBILE |
| FAX | E-MAIL |

ACCOMMODATION

CATEGORY: _____ HOTEL: _____

| Group 1 | | | | Group 2 | | | |
|----------|--------|----------|-----------|---------|--------|----------|-----------|
| Rooms | Number | Check in | Check out | Rooms | Number | Check in | Check out |
| Singles | | | Singles | | | | |
| Twins | | | Twins | | | | |
| Doubles | | | Doubles | | | | |
| Triples | | | Triples | | | | |
| 4 Person | | | 4 Person | | | | |



TERM OF RESPONSIBILITY

To be filled, signed and sent back by February 20th, 2015

I, _____ the undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 17th Balkan Senior Championships which will be held in Cacak, Serbia, from the 21 to the 22 of February 2015, with full knowledge of the Statutes, the Rules and the Norms of The KARATE FEDERATION OF BALKAN, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities for whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc. Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the KFB and the Karate Federation of Serbia, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

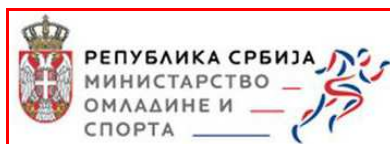
| | |
|------------------------------------|--|
| Country/Nation: | |
| Surname, First name: | |
| Passport number & expiry date: | |
| Credit Card details & expiry date: | |
| Position in the federation: | |
| Address: | |
| Tel.-no.: | |
| Fax & email: | |

Fill in, stamp, sign and send to:
Karate Federation of Serbia

ADDRESS:
 TEL : +
 FAX : +
 MOBILE : +
 E-Mail :

Signature

PARTNERS:



Ministry of Youth and Sport of the Republic of Serbia

The City of Čačak

Olympic Committee of Serbia



Sports Federation of Serbia



Contact

KARATE FEDERATION OF SERBIA

7/II, Knez Mihajlova Str.
11000 Belgrade
Serbia

Phone/Fax:
+381 11 3242 323, 3232 209, 3241 370
e-mail: office1@karateserbia.org