

56th KARATE

19-23 May 2021

20
21



CROATIA
POREČ

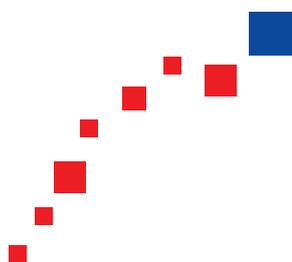
EUROPEAN SENIOR
CHAMPIONSHIPS

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1 INITIAL GREETINGS



ANTONIO ESPINÓS
PRESIDENT OF THE
EUROPEAN KARATE
FEDERATION

1.1 President of the European Karate Federation

The ability to overcome difficulties is one of the most notable qualities of all of us members of the Karate family; when the European Karate world gathers in Porec (Croatia) from May 19-23, 2021, this resilience will be truly showcased.

The 56th European Championships have come a long way, but they will finally be held in an ideal venue: the city of Porec in Croatia. Co-organised by the European Karate Federation and the Croatian Karate Union, this event will be a celebration of the unity of our sport and a commemoration of our strength to prevail even under the most difficult circumstances. Although pressing external conditions may somehow affect the normal development of the event, I am convinced that the tournament will be a perfect highlight of all our great values. The relevance of the championships is even more emphasized due to the inclusion of the tournament in the Olympic qualification process. The eyes, heart and soul of European Karate will be set on Porec during these five days of May 2021 as European karatekas will fight to make their Olympic dreams come true.

I want to take the opportunity to express my most sincere gratitude to the Croatian Karate Union and its President Davor Cipek for their courage, their kindness, and their expertise to make this event a success. It is a source of pride and honour to have the cooperation of an outstanding organisation such as the Croatian federation, which provided the best conditions for a first-class event as the European Championships in record time.

While the anticipated moment of crowning the new continental Karate kings and queens comes, I would like to wish the best of luck to all the participants and organisers. "Oss"

1.2. Minister of Tourism and Sports and Honorary President of the Organizing Committee

Dear friends of sports, Dear karate enthusiasts,

I am immensely pleased that Croatia will host major sporting events in May - the 56th European Senior Karate and Parakarate Championships and the Congress of the European Karate Federation.

So far, Croatia has hosted many of the largest European and world sporting events. The confirmation of the organization's success is evident in the fact that everyone is returning to our country. I want to thank the European Karate Federation, which has expressed confidence in the Croatian Karate Federation and Croatia among its 52 members, and that the European karate and parakarate elite will gather in Poreč.

Poreč is one of our homeland's many tourist pearls, which has proven itself countless times as an excellent host of sporting events. I am sure that all the competitors, as well as all the professional staff with them, will feel comfortable and safe in Croatia.

Last year, the whole world was hit by a crisis caused by COVID-19 disease that affected our lives, and we had to adapt to new circumstances. Sports and athletes worldwide were ready to respond to new challenges, and I am proud that Croatia has been extremely successful in overcoming all obstacles. Athletes have adapted to the new circumstances, the organization of national events, but also world and European, were realized at the highest level according to all prescribed procedures, and I am convinced that this competition will run in the best possible way. The protection of athletes' health and all participants will be in the first place this time as well. With constant cooperation with the competent authorities, all epidemiological conditions will be ensured, and the holding of all events during the 56th European Karate and Parakarate Championships will be organized in strict compliance with all prescribed measures.

Sports and athletes are a priceless value of the Republic of Croatia, and this is confirmed by the fact that we are one of the most successful countries in the world in terms of winning medals at major sports competitions in relation to the number of inhabitants. Karate is also one of several sports in which we can proudly point out that we have a world champion, Ivan Kvesić, and many of his colleagues who have won European and world medals. I believe that the performance in Poreč will be an additional challenge for all of them.

In the end, I wish good luck to all the competitors in their actions and the hunt for Olympic dreams, and I want everyone who will come to Poreč in May to enjoy the competitions as well as the beauties and sights of Croatia.

NIKOLINA BRNJAC
MINISTER OF TOURISM AND SPORTS,
HONORARY PRESIDENT OF THE ORGANIZING COMMITTEE



1 INITIAL GREETINGS



LORIS PERŠURIĆ
MAYOR OF THE CITY
OF POREČ-PARENZO

1.3. Mayor of the City of Poreč – Parenzio

Dear competitors, dear guests, and friends of karate,

I am incredibly proud to welcome you to our Poreč, which we often call the most beautiful city in the world. Poreč is the champion of tourism in Croatia, a town of rich cultural heritage, entertainment, sun and sea, excellent gastronomy, and above all - a city of sports.

I must mention that 56. European Senior Karate Championship is more than a sports competition; it is a sporting event and a congress, which draws together experts and enthusiasts of this sport. This sports manifestation confirms that Poreč, due to accommodation facilities and infrastructure, in addition to events and sporting competitions, is turning to the organization of congresses. Karate in Poreč is no exception - in addition to competitors, it will bring together some of the most excellent experts in our city, so I am delighted we will host such high-quality events.

Take a walk through the streets of our city, discover its sights, enjoy our delicacies - experience Poreč in your way.

I wish you loads of fun and good luck to all the participants!

1.4. President of the Croatian Olympic Committee

Dear athletes, dear sports friends,

The 56th EKF Senior Championship is upon us. The European Karate Championship is held in Croatia for the second time, and this makes us happy and proud.

The fact that it is the last qualifying tournament prior to the Tokyo Olympic Games is very important. As you already know, karate is for the first time on the Olympic programme. Every athlete dreams of participating at the Olympic Games, and I am pleased that some of the best European karateists will confirm their ranking in Poreč, Croatia. Moreover, being among the best and representing your country at the European Championship is a huge success, and thus I would like to congratulate and thank you for your effort, sacrifices, and the love of sport you demonstrate and live.

Sport transcends everything. I hope that in this time of uncertainty, you will be able to keep your focus and work habits and that we will meet united in Poreč, where, in addition to medals, we will also celebrate the victory of sport and friendship.



ZLATKO MATEŠA
PRESIDENT OF THE
CROATIAN OLYMPIC
COMMITTEE



1 INITIAL GREETINGS



RATKO KOVAČIĆ
PRESIDENT OF THE
CROATIAN
PARALYMPIC
COMMITTEE

1.5. President of the Croatian Paralympic Committee

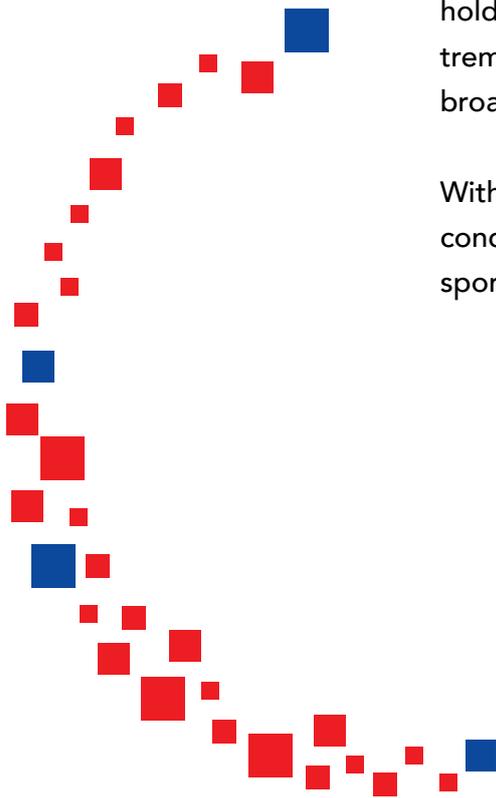
Dear athletes, sports friends, and participants of the 56th European Senior Karate Championship and Para-Karate Championship Poreč 2021,

In these challenging times, I wish you all a welcome to Croatia and Porec. I hope you have managed to prepare well for participating in these significant European competitions despite all the challenges we all face.

Your focus on maintaining good shape and motivation to achieve top sports results should be a guidepost and a standard of how, despite all the adversities and obstacles, respectable sports results can be achieved.

Congratulations to the organizers and all those involved who assist them in holding these major international competitions, which are, at these times, extremely necessary not only for the athletes and sports in general but also to the broader community.

With the belief that that the organizers have made every effort to ensure that conditions for holding these competitions were optimal, I wish you all a lot of sports luck, and let the best ones win!



1.6. President of the Croatian Karate Union

Dear athletes, sports officials, ladies, and gentlemen,

It is my great honor and pleasure to greet you on behalf of the Croatian Karate Union and the Organizing Committee of the 56. European Senior Championship, and to wish you a warm welcome to the Republic of Croatia and the unique city of Poreč, which will host national delegations of the European Karate Federation from 19 to 23 May 2021.

We are incredibly proud of the trust shown to us by awarding us the organization of such a significant competition. I take this opportunity to thank the President of the EKF, Mr. Antonio Espinós, and the Executive Board members for their support towards the Croatian Karate Union.

Moreover, I would like to thank the public officials and all persons whose involvement in organizing this magnificent sporting event gave importance to karate in general. First of all, to the Minister of Tourism and Sports of the Republic of Croatia, Ms. Nikolina Brnjac, Honorary President of the Organizing Committee, the Mayor of Poreč, then Mr. Loris Peršurić, the President of the Croatian Olympic Committee and a member of the EOC Executive Board, Mr. Zlatko Mateša, and the President of the Croatian Paralympic Committee and the President of the European Paralympic Committee, Mr. Ratko Kovačić.

Karate speaks all the languages and connects all people and generations, regardless of race, gender, religion, and political affiliation, and by these basic principles, our karate family is known. The 56. European Senior Championship in Poreč is more than just a competition. It is where friendship, respect, and tolerance will predominantly be expressed among all the participants.

Except for the sporting event itself, I hope that you will experience many beautiful and pleasant moments during your stay in Croatia and that the 56th European Senior Championships and the city of Poreč will remain a lasting memory that you will remember fondly.

I wish the athletes much sporting success in the competition and to the European Karate Federation's leadership, and all the presidents of national federations, a lot of success during the EKF Congress.

I look forward to seeing you all in Poreč in May 2021.



DAVOR CIPEK
PRESIDENT OF THE
CROATIAN KARATE
UNION



2.1 About Porec

The City of Poreč is located on the Istrian peninsula's western coast, in Istria County, Republic of Croatia. Today's favorite tourist destination of many Croatians and Europeans is also known as a city with a thousand-year history. It had been inhabited even in the Neolithic, and the present structure is due to Romans who formed the City two thousand years ago.

At first, the City was the Roman castrum, constructed 200 years before Christ on the small peninsula, which, up until today, stayed the old town's core. The old town Poreč conserved the old street layout, so the main streets of Decumanus and Cardo Maximus are still in their original ancient form. Although the oldest fortifications have not been preserved, the City claims two medieval

fortresses on the peninsula's eastern and northern side and many other significant monuments. The most notable landmark is the 6th-century Euphrasian Basilica, a real architectural treasure, which UNESCO protected in 1997 as a World Heritage Site. Moreover, in Poreč you can also find remains of the Roman forum (Marafor) with Capitoline and Neptune Temple and the Romanesque House nearby, the Church of St. Francis, a dozen gothic palaces, a tower at the entrance to the old part of town, baroque palaces, and the baroque Church of St. Mary of the Angels.

Today, the wider Poreč area has approximately 17000 inhabitants, and its municipal area covers



Photo: Croatian National Tourist Board

EUPHRASIAN BASILICA



142 square kilometers with 37 kilometers long shoreline. Mediterranean surroundings, a gentle climate, fertile land, and lush vegetation have made Poreč unique and one of the most visited tourist destinations in Croatia. In Poreč, you can choose between as many as 21 Blue Flag beaches that guarantee a clean sea whose quality has been regularly measured and monitored for more than 25 years. Also, of many Poreč's beauties, we must highlight the Lim Bay, ideal for everyone fond of walking, biking, or hiking. The 11-kilometer-long Lim Bay is known for fish and shellfish farming, and

if you decide to take a boat ride, dolphins might wish you a warm welcome to our host city.

Last but not least, years of experience in competitions and tournaments, coupled with constant investment in equipping sports facilities, have resulted in Poreč being granted the title The City of Sports. Except for its extensive sports infrastructure, Poreč boasts 34 sports clubs and an estimated 2500 active athletes of all ages.



LIM BAY



3 HOW TO GET TO THE CHAMPIONSHIPS



The City of Poreč has a favorable geographical and traffic position, making it easily accessible from all European countries. No matter which mode of transport you prefer, you will find an acceptable solution. As mentioned, Poreč is located on the western coast of the Istrian peninsula, relatively close to the Slovenian border, making it easily reachable even from other countries such as Italy, Austria, and of course, Slovenia. Further bellow you can find valuable inputs if you decide traveling by plane or by bus, but even if you are considering a car, we can guarantee that it is a very convenient choice to reach Istria. Roads in Istria are excellent. The highway, known as Istrian Ypsilon, is a modern and fast road that connects Istria with both the Italian and Slovenian border and Rijeka (Croatia) to the southeast.



3.1 Flight

There are several options if you decide to fly. The closest airport to Poreč is Pula Airport. It is a small and seasonal airport, with a couple of low-cost airlines (Germanwings, Jet2, Norwegian, Ryanair, Vueling) that connects Pula with a dozen European cities. You can fly to Pula Airport from Berlin, Frankfurt, Hamburg, Koeln, Bruxelles, Oslo, Stockholm, Helsinki, Rome, London, Leeds, Manchester. Most flights operate from May to October. The distance from Pula airport to Poreč is 57 km, which is approximately 40 minutes by car.

There are also other airports that you can consider: Zagreb Airport (Croatia) is 249 km away, which evens approximately three hours by car. The second option is Slovenian Ljubljana Airport, less than 200 km away, equal to two and a half hours car ride. Finally, there are two Italian airports close to Poreč - Venice Airport that is 249 km away and two and a half hours by car, and Trieste Airport 130 km away, which implies 1 hour and 45 minutes car ride.

| AIRPORT | COUNTRY | DISTANCE | CAR RIDE |
|-------------------|----------|----------|----------------|
| Pula Airport | Croatia | 57 km | 40 min |
| Zagreb Airport | Croatia | 249 km | 2 h and 50 min |
| Trieste Airport | Italy | 130 km | 1h 45 min |
| Venice Airport | Italy | 236 km | 2 h and 40 min |
| Ljubljana Airport | Slovenia | 193 km | 2 h and 30 min |

Should you need a transfer service from any of the indicated airports to Porec and back, please book a transfer via the following

link: <https://www.uniline.hr/croatia/karate_porec_2021_transfer.php>

Please find more on that in chapter 9.2 Transfer service form.

3.2 Bus

Poreč is also easily reachable by bus. There are regular buses daily from all major cities in Croatia, wherever you might find yourself on your way to Poreč - Zagreb, Pula, or Rijeka. It will take roughly 4 hours bus ride from the capital (Zagreb), and one and a half hours if your starting points are Pula or Rijeka. You can purchase your bus tickets online, at the bus stations, and often even on the bus from the driver.

| BUS STATION | DISTANCE | BUS RIDE |
|-------------|----------|-----------------------|
| Zagreb | 249 km | approx. 4h |
| Pula | 52 km | approx. 1h and 30 min |
| Rijeka | 89 km | approx. 1h and 30 min |

4 ACCOMMODATION

Delegations are obligatory to use official accommodation and reserve it only through the Organizing Committee's official partner agency Uniline.

Participants who do not follow the procedure stated in this bulletin and do not book accommodation through the official agency Uniline will not be entitled to accreditation and will not get their accreditation cards.

[More on booking procedure in section 4.2.1 Reservation, Payment and Cancellation Policy.](#)

4.1 Hotels

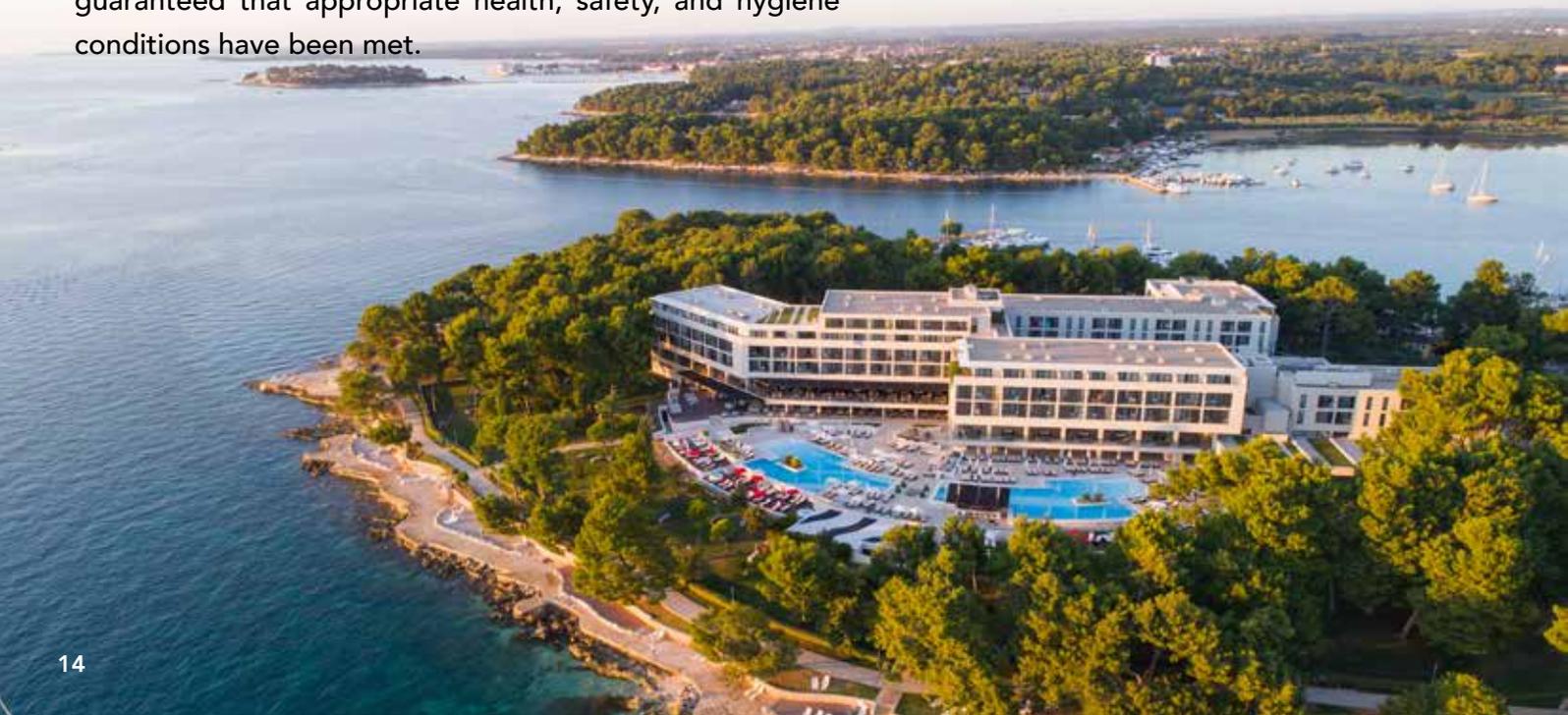
4.1.1 Headquarters Hotel – Hotel Parentium ****

Hotel Parentium will be our Headquarters hotel. It is a four-star hotel hidden in the shadow of pine trees overlooking the bay. It is 4 kilometers away from the competition venue - Žatika, and 44 kilometers away from the closest airport - Pula Airport.

The closest beach is only a few steps away from the hotel, and there are also indoor and outdoor pools with waterfalls and a hydromassage section. The hotel also provides wellness and Spa services, a gym, and a fitness studio. In your free time, you can take a walk along the promenade leading to the city center, and don't forget to take a look at many ships in the marina.

Hotel Parentium is also one of the most select congress and MICE hotels in this area, thanks to beautiful congress halls and the whole area's elegance.

The hotel is certified with Hygiene and cleanliness checked verification program conducted to respond to the COVID-19 pandemic. All the guests can enjoy their stay guaranteed that appropriate health, safety, and hygiene conditions have been met.





4.1.2 Hotel Diamant ****

Diamant Hotel & Residence is a four- and three-stars accommodation. It lies in an oasis of fragrant pine trees right next to well-tended beaches and only a ten-minute walk from the center of Poreč. The hotel is 58 kilometers away from Pula Airport, and only 2 kilometers away from the competition venue - Žatika. Except for various beaches nearby, Diamant hotel has an indoor and outdoor pool, a Mediterranean Spa, and various professional sports facilities and services.



4 ACCOMMODATION

4.1.3 Hotel Crystal****

Crystal Sunny Hotel is a four-star hotel surrounded by pine trees that exude a Mediterranean atmosphere. It is located 2,3 kilometers away from the competition venue - Žatika, 58 kilometers from Pula Airport, and only 850m from Poreč old town. Beaches are only 150 meters away, and the hotel also has its outdoor seawater pool and kids pool.



There is also a Sunny lounge bar with a terrace and a pool bar, and we are sure the guests will benefit from the digital library and chill&play zone. Except that, all the guests can easily find a nearby Hotel Diamant where they will discover a wide range of sports amenities and a first-class wellness center.



4.1.4 Hotel Rubin ***

Rubin Sunny Hotel is a three-star hotel close to the earlier mentioned Crystal Sunny Hotel. It is 2,3 kilometers away from the competition venue - Žatka, 58 kilometers from Pula Airport, and ten minutes walk from the city center.



- Various types of beaches are only 200 meters away, and the hotel also has an outdoor pool with a pool bar and a lounge, a bar with a terrace, and a digital library together with a chill&play zone.
- All the guests are welcome to visit a nearby Diamant Hotel and enjoy its professional sports facilities and wellness&spa program.



4 ACCOMMODATION

4.2 Hotel Rates

The table below shows prices in EUROS (€) per person and night.

| HOTEL | CAT. | BED & BREAKFAST | | | HALF BOARD | | | FULL BOARD | | |
|-------------------------------|------|-----------------|--------|--------|------------|---------|--------|------------|---------|--------|
| | | SINGLE | DOUBLE | TRIPLE | SINGLE | DOUBLE | TRIPLE | SINGLE | DOUBLE | TRIPLE |
| HQ Hotel - Hotel Parentium | 4* + | 145,00€ | 95,00€ | / | 160,00€ | 110,00€ | / | 175,00€ | 125,00€ | / |
| Hotel Diamant | 4* | 113,00€ | 75,00€ | / | 128,00€ | 90,00€ | / | 143,00€ | 105,00€ | / |
| Hotel Crystal | 4* | 113,00€ | 75,00€ | / | 128,00€ | 90,00€ | / | 143,00€ | 105,00€ | / |
| Hotel Rubin | 3* | 98,00€ | 65,00€ | / | 113,00€ | 80,00€ | / | 128,00€ | 95,00€ | / |

4.2.1 Reservation, payment and cancellation policy

RESERVATIONS

As mentioned earlier, delegations are obligatory to use official accommodation and reserve it through the Organizing Committee's official partner Uniline Travel Agency. If the procedure stated below is not followed, participants will not be entitled to accreditation.

Delegations shall make reservations using the following link

https://www.uniline.hr/croatia/karate_porec_2021.php which is created for them specifically.

Please bear in mind that accommodation capacity is limited and that the reservations will be confirmed on a first-come, first-served basis. The deadline to confirm a reservation is April 1st. After April 1st, all prices will be increased by 10%, and the agency cannot guarantee that the desired accommodation will still be available.

DEPOSIT

Within 24 hours of making the reservation and receiving a confirmation from Uniline Travel Agency operators, guests have to pay a deposit of 50% of the full amount. The deposit is non-refundable, which means that Uniline will not make refunds in case of reservation cancellation. After the bank transfer is done, a guest needs to send a proof (confirmation) of payment received from the bank at the email address: karate@uniline.hr

On the contrary, Uniline is not obligated to carry out the services. These 24 hours don't include Saturdays, Sundays, and holidays.



PAYMENT

The remaining 50% a guest is required to pay no later than 35 days before arrival. Kindly note that any booking for which the entire amount has not been paid will not be considered valid and that Uniline is not obligated to carry out the services.

PAYMENT DETAILS

- Remitter: First and last name and the home address of the holder of the reservation
- Receiver: Uniline d.o.o., Bože Gumpca 38, 52100 Pula, Croatia
- Bank: RAIFFEISEN BANK AUSTRIA d.d
- SWIFT: RZBHR2X
- IBAN: HR 30 2484 0081 5001 54861
- Subject: Reservation number which will be received from Uniline after the booking

All bank costs need to be paid by the client (when making the bank transfer, the client must put OUR in the "Detail of charge" area.

CANCELLATION POLICY

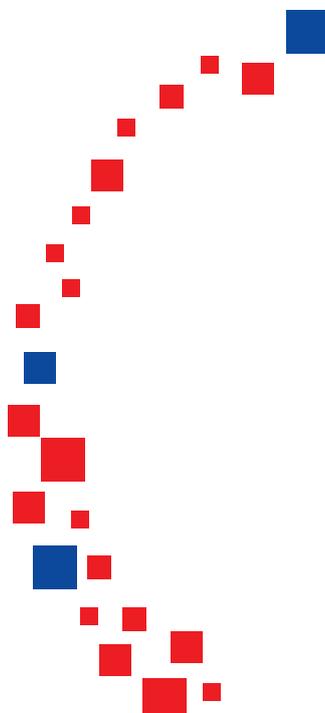
The deposit is non-refundable, which means that Uniline will not make refunds in case of reservation cancellation.

If the event is canceled due to COVID-19, the refund will be made in full.

4.3 Official Travel Agency

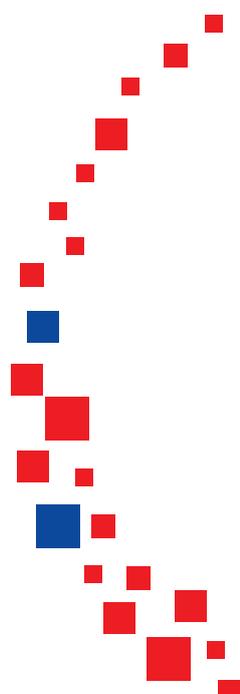
For all information regarding booking, or accommodation in general, please contact our partner Uniline Travel Agency directly via email address:

karate@uniline.hr



5 EVENT SCHEDULE

| TUESDAY 18TH MAY - HQ HOTEL | | |
|------------------------------|---|----------------------|
| TIME | EVENT | ROOM |
| 10:00 - 16:00 | Registration for Delegations | Training Venue |
| 09:00 - 11:00 | EKF Executive Committee meeting | HQ Laguna 1 |
| 10:00 - 11:00 | EKF Medical Commission meeting | HQ Meeting Rooms |
| 12:00 - 14:00 | EKF Technical Commission meeting | HQ Meeting Rooms |
| 14:00 - 15:00 | EKF Referee Commission meeting | HQ Laguna 1 |
| 15:00 - 18:00 | EKF Congress | HQ Laguna 2-3 |
| 16:00 - 17:00 | TM & TMAS Meeting | HQ Meeting Rooms |
| 17:30 - 18:30 | Referee Licence Renewal Exam | HQ Meeting Rooms |
| 18:30 - 19:30 | Open Draw All Coaches | On-line |
| 20:00 - 21:00 | EKF Referee Briefing | HQ Laguna 2-3 |
| THURSDAY 20TH MAY - HQ HOTEL | | |
| 10:00 - 18:00 | Para-Karate Athletes Classification Session | HQ Laguna 1 |
| 19:30 - 20:30 | Para-Karate Coach Meeting | HQ Laguna 1 |



6 COMPETITION INFORMATION

6.1 Categories

| INDIVIDUAL CATEGORIES | | |
|------------------------------|-------------------------------------|---------------------------------------|
| INDIVIDUAL KATA (age +16) | MALE INDIVIDUAL KUMITE (age +18) | FEMALE INDIVIDUAL KUMITE (age +18) |
| Female | - 60 kg | - 50 kg |
| Male | - 67 kg | - 55 kg |
| | - 75 kg | - 61 kg |
| | - 84 kg | - 68 kg |
| | + 84 kg | + 68 kg |

| TEAM CATEGORIES | |
|------------------------|--------------------------|
| TEAM KATA (age +16) | TEAM KUMITE (age +18) |
| Female | Female |
| Male | Male |

| PARA - KARATE CATEGORIES | |
|--------------------------|-------------------------|
| MALE (age +18) | FEMALE (age +18) |
| Wheelchair Athletes | Wheelchair Athletes |
| Visually Impaired | Visually Impaired |
| Intellectually Impaired | Intellectually Impaired |



6 COMPETITION INFORMATION

6.2 Age

Allocation to age category is determined by the age of the athlete at the first day of the entire championships. This means competitors must have the eligible age by **19th of May 2021**.

6.3 Competition Programme

TUESDAY 18TH MAY 2021 WEIGH - IN
will be during the Registration (Training Venue room)

The Weigh-in Male & Female of all categories,
will be by National teams



6.3.1 Eliminations

| Kata Individual - Eliminations - Performances | |
|---|--|
| 10:00 | Female |
| 11:00 | Male |
| Kumite Individual - Eliminations & Repechages | |
| 12:30 | Female + 68 kg Eliminations & Repechages |
| 13:45 | Male + 84 kg Eliminations & Repechages |
| 15:00 | Female - 68 kg Eliminations & Repechages |
| 16:15 | Male - 84 kg Eliminations & Repechages |
| 17:30 | Female - 61 kg Eliminations & Repechages |
| 18:45 | Male - 75 kg Eliminations & Repechages |
| 20:00 | |

**Wednesday
19th May
2021**

(4 Tatamis)

| Kata Team - Eliminations - Performances | |
|---|---|
| 10:00-11:30 | Male & Female (4 Tatamis) |
| Kumite Individual - Eliminations | |
| 11:30 | Male - 67 kg Eliminations & Repechages |
| 12:45 | Female - 55 kg Eliminations & Repechages |
| 14:00 | Male - 60 kg Eliminations & Repechages |
| 15:15 | Female - 50 kg Eliminations & Repechages |
| 16:30 | |
| 16:30 | Kumite Team Male - Previous matches - until 16 teams |
| 17:30 | Kumite Team Female - Previous matches - until 16 teams |

**Thursday
20th May
2021**

(4 Tatamis)

6 COMPETITION INFORMATION

Friday
21st May
2021
(4 Tatamis)

| | |
|---------------|--|
| 10:00 - 12:00 | Kumite Team Male - Eliminations & Repechages |
| 12:30 - 13:45 | Kumite Team Female - Eliminations & Repechages |
| 14:00 | Para Karate All Categories (including Bronze medals) |
| 17:00 | OPENING CEREMONY |

Saturday
22nd May
2021

6.3.2 Bronzes and Final Bouts

| BRONZE MATCHES | |
|----------------|-----------------------|
| 09:30 - 09:45 | Kumite Female + 68 kg |
| 09:45 - 10:00 | Kumite Male + 84 kg |
| 10:00 - 10:15 | Kumite Female - 68 kg |
| 10:15 - 10:30 | Kumite Male - 84 kg |
| 10:30 - 10:45 | Kumite Female - 61 kg |
| 10:45 - 11:00 | Kumite Female - 55 kg |
| 11:00 - 11:15 | Kumite Male - 75 kg |

| FINALS | |
|---------------|---|
| 12:00 - 12:08 | Kumite Female + 68 kg |
| 12:08 - 12:15 | Kumite Male + 84 kg |
| 12:15 - 12:25 | MEDALS AWARD |
| 12:25 - 12:33 | Kumite Female - 68 kg |
| 12:33 - 12:40 | Kumite Male - 84 kg |
| 12:40 - 12:48 | Kumite Female - 61 kg |
| 12:48 - 13:05 | MEDALS AWARD |
| 13:05 - 13:13 | Kumite Female - 55 kg |
| 13:13 - 13:20 | Kumite Male - 75 kg |
| 13:20 - 13:30 | MEDALS AWARD |
| 13:30 - 13:50 | Para Karate - Kata Male & Female - Intellectually Impaired |
| 13:50 - 14:05 | MEDALS AWARD |

| BRONZE MATCHES | |
|----------------|------------------------|
| 15:30 - 15:45 | Kata individual Female |
| 15:45 - 16:00 | Kata individual Male |
| 16:00 - 16:15 | Kumite Male - 60 kg |
| 16:15 - 16:30 | Kumite Female - 50 kg |
| 16:30 - 16:45 | Kumite Male - 67 kg |
| 16:45 - 17:30 | Kumite Team Female |

| FINALS | |
|---------------|--|
| 18:00 - 18:08 | Kata individual Female |
| 18:08 - 18:15 | Kata individual Male |
| 18:15 - 18:25 | MEDALS AWARD |
| 18:25 - 18:33 | Kumite Male - 60 kg |
| 18:33 - 18:40 | Kumite Female - 50 kg |
| 18:40 - 18:48 | Kumite Male - 67 kg |
| 18:48 - 19:05 | MEDALS AWARD |
| 19:05 - 19:30 | Kumite Team Female |
| 19:30 - 19:50 | Para Karate - Kata Male & Female - Visually Impaired |
| 19:50 - 20:05 | MEDALS AWARD |

**Saturday
22nd May
2021**



6 COMPETITION INFORMATION

Sunday
23rd May
2021

| BRONZE MATCHES | |
|----------------|--|
| 09:00 - 09:30 | Kata Team Male |
| 09:30 - 10:00 | Kata Team Female |
| 10:00 - 11:10 | Kumite Team Male |
| FINALS | |
| 12:00 - 12:15 | Kata Team Male |
| 12:15 - 12:30 | Kata Team Female |
| 12:30 - 12:45 | MEDALS AWARD |
| 12:45 - 13:20 | Kumite Team Male |
| 13:20 - 13:50 | Para Karate - Kata Male & Female – Wheelchair Athletes |
| 13:50 - 14:10 | MEDALS AWARD |
| 14:15 | CLOSING CEREMONY |

Note: In the bouts for bronze medals and finals, male coaches are required to wear a dark suite, shirt and tie while female coaches may choose to wear a dress, pantsuit or a combination of jacket and skirt in dark colors.

*Competition schedule might be subject to changes after the registration is closed.

6.4 WKF Approved Items

Only WKF Approved Trademarks for sports items will be permitted.

SPORT
PROTECTIONS
"WKF
APPROVED"

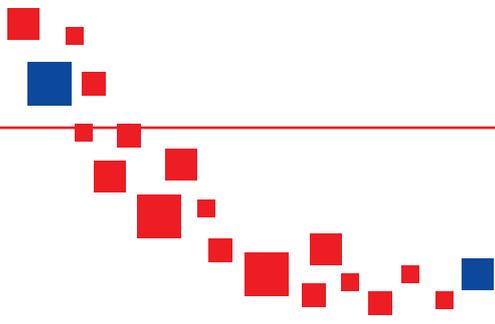


TATAMIS "WKF APPROVED"



*Click on the logos to see the brand information.





6.5 Venue

COMPETITION VENUE

Poreč devotes special care to sport and recreation and has a long tradition in hosting professional and amateur athletes' programs. Aside from outdoor pitches, Poreč boasts four sports centers. The crown jewel is our competition venue - Žatika Sport Centre, a multi-functional sports hall. It was built for the needs of the 2009 World Men's Handball Championship and formally opened in 2008. Until now, it has hosted many high profile sporting events, and we are sure it will meet all of our needs as well.

With its 14 000 square meters of total area, the venue consists of one central sports hall with a spectators area on three sides - south, west, and east. The venue also allows for installing fixed telescopic grandstands and a modular grandstand on the north side, if the occasion requires. In total, Žatika provides seating for 3 700 spectators, including 46 seats for the disabled and 46 VIP seats. Except for the main sports hall, Žatika Sport Centre also holds another smaller sports hall on the same floor. Both halls have a sufficient number of locker rooms with toilets and access to showers.

Address: Sportstka dvorana ŽATIKA, Poreč 52440



6 COMPETITION INFORMATION

TRAINING VENUE

Our training venue will be Intersport sports hall located less than 10 minutes ride from all the official hotels. Intersport consists of two sports halls, a sufficient number of changing rooms and a spectators area, and it will surely meet all the needs of our athletes.

Address: Intersport Sport Hall, Plava laguna, 52440, Poreč

6.6 Tickets

Ticketing will be defined in accordance with the measures that will be in force depending on the circumstances with the COVID-19 pandemic status in Croatia and Istria county. Nevertheless, ticket sales through an on-line system are planned. All interested will receive the necessary information in a timely manner.

6.7 Training Facilities – Bookings

A system regarding training reservations will be developed later, depending on the COVID-19 countermeasures that will be in force in Croatia and Istria county in the days of the championships. All delegations will receive necessary information in a timely manner.



Photos: The City of Poreč

7 REGISTRATIONS

7.1.1 Online Registration - General information for all athletes

Online registration can be made under the following link: <https://www.sportdata.org/wkf/set.php?id=473>

7.1.2 Onsite Registration & Accreditations

The registration session will take place at the HQ Hotel on Tuesday 17th May from 10:00 to 16:00.

A "fast lane" will be available for countries with no changes to their online registration and having already paid the corresponding fees. Countries failing to meet these requirements are likely to have longer waiting times. Each participating country is requested to provide 2 national flags and a CD with the national anthem during registration.

7.1.3 Specific information for Para-Karate athletes

REGISTRATION

The registration can be done from 15th February via Sportdata on:

<https://www.sportdata.org/wkf/set.php?id=519>

The registration can only be confirmed if the Medical Diagnosis Form (MDF) and consent form are submitted to the Sportdata Para-Karate registration website.

The registration of Intellectually Impaired athletes can only be confirmed if the athlete is listed on VIRTUS international master list.

All documents MUST be attached in English for ALL registered athletes. All MDFs must be completed by a registered Medical Doctor, M.D.

MEDICAL DIAGNOSTIC FORMS AND CONSENT FORM

The necessary forms can be found in the following links:

Wheelchair Athletes: https://www.wkf.net/pdf/mdf_wheelchair.pdf

Visually Impaired: https://www.wkf.net/pdf/mdf_athletes_visual_impairments.pdf

Intellectually Impaired: https://www.wkf.net/pdf/mdf_intellectually_impaired_athletes.pdf

To be considered eligible to compete as an athlete with an intellectual disability, athletes must fulfil the full eligibility criteria as defined by VIRTUS. Only athletes listed on VIRTUS international master list will be eligible to compete in WKF World Para-karate Championships and VIRTUS Sanctioned or Promoted Championships. (More information about the eligibility process can be found in "Applying for athlete eligibility VIRTUS guidelines".)

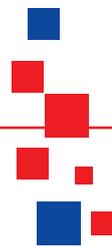
WKF - Therapeutic Use Exemption (TUE) Application Form:

https://ita.sport/wp-content/uploads/2021/01/ITA_TUE_Form.pdf

Athlete Evaluation Consent Form: https://www.wkf.net/pdf/athlete_evaluation_consent_form.pdf



7 REGISTRATIONS



COACHES

Maximum of three coaches can be registered for Para-Karate per Nation.

Every Para-Karate athlete can be accompanied by a personal assistant during their performance in the field of play.

Coach and assistants accompanying Para-Karate athletes MUST register together with their delegation at the onsite registration session (Thursday 20th May from 10:00 to 18:00 at HQ Hotel).

PARA-KARATE ATHLETES PER CATEGORY

Every nation has the opportunity to register three Para-Athletes per sport class. In total, 24 athletes can be called by each nation.

In each category, at least four athletes must be registered. Otherwise the competition for the concerned category will not take place. Please note that there will be no merging of categories, only merging of Intellectually Impaired sport classes is possible.

There must be at least four (4) Athletes registered per Intellectually Impaired Sport Classes (K20 and K21) in order for the Sport Class to be present at the Championships. However, the Competition Organizing Committee may make exceptions if the number of participants is not reached. Sport Classes may be unified in order to achieve the minimum number of four (4).

CLASSIFICATION SESSION

Classification in Para-Karate consists in an extra point compensation depending on the influence of the particular impairment when performing the Kata. Detailed information can be found in the Para-Karate regulations: <https://www.wkf.net/sport-parakarate> [To be updated]

Please, check the Para-karate Classification rules to ensure that the athlete presents at least one of the mentioned eligible impairments which have to be proven by the MDF.

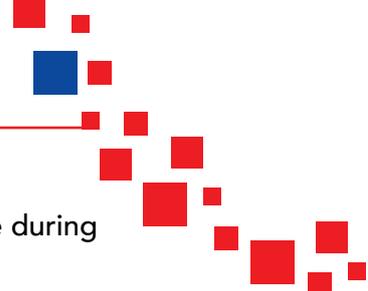
Registered Para-Karate athletes must present themselves for a mandatory onsite Classification Session performed by qualified personnel before the championships. The Classification Session will therefore be performed on Thursday 20th March from 10.00h to 18.00h at the HQ Hotel Parentium. A timetable for the session will be published while registration.

[Attendance to the Classification Session is obligatory, without a participation in the such event it is not possible to take part in the championships.](#)

Following documents have to be provided at the classification session:

- Accreditation of the athlete
- ID card or Passport of the athlete
- Original MDF as provided prior with the registration
- Diagnostic Report as described in the MDF for Intellectual Impairments as provided with the registration





All athletes must use the same sportswear and equipment for classification as they use during competitions.

Concerning athletes with visual impairments, no extra testing will be performed during the classification session. Nevertheless, the athletes have to show up to the classification with the documents mentioned above for verification of their disability. Extra points will be given based on the Medical Diagnostic Form.

RULES

WKF Para-Karate Rules in force will apply, for more information, please visit:

<https://www.wkf.net/sport-parakarate> [To be updated]

ANTI-DOPING

In compliance with WKF Anti-Doping Rules and WADA, Para-Karate athletes will be subject to any eventual testing. In any Para-Karate athlete would need a Therapeutic Use Exemptions (TUE), please contact your National Anti-Doping Organization for further details and recognition. The duly recognized TUE at national level will then have to be duly communicated to the WKF.

7.1.4 Media / Press

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations until May 12th 2021 through the Online Registration.

The link for the online registration of Media is: <https://www.sportdata.org/wkf/set.php?id=473>

Journalists will be required to follow the WKF COVID-19 Protocol, including presenting a negative PCR Test and the WKF Health questionnaire at the registration and wearing a face mask at all times. Learn more about WKF COVID-19 Protocol here: www.bit.ly/WKF_COVID19_protocol

VIDEO RECORDING WILL NOT BE ALLOWED UNDER ANY CIRCUMSTANCE

Should you need more information about press or media-related issues, please contact directly the European Karate Federation's office: press@wkf.net



8 ADDITIONAL INFORMATION

8.1 VISA Requirements for foreign citizens

Due to regulations of the Ministry of Foreign and European Affairs of the Republic of Croatia, laws of the Republic of Croatia, and the guarantee Croatian Karate Union needs to provide for each person that is entering Croatia with a visa, the Croatian Karate Union will issue an invitation letter for visa purposes only to the delegations that have already registered their participants and booked the official accommodation through our partner Uniline Travel Agency.

Once you have completed your online registration and arranged accommodation through Uniline, please contact the Croatian Karate Union on the official championship email address: euro@karateporec2021.com for further instructions.

Please note that the visa application shall be submitted no later than three months before the intended date of traveling to Croatia.

For necessary information about the visa regime between the Republic of Croatia and all other countries/entities, please visit:

<http://www.mvep.hr/en/consular-information/visas/visa-requirements-overview/>

The search engine for diplomatic missions and Consular offices of Croatia can be found on:

<http://www.mvep.hr/en/diplomatic-directory/diplomatic-missions-and-consular-offices-of-croatia/>

8.2. COVID-19 Sanitary Protocol

DUE TO THE CURRENT EMERGENCY HEALTH SITUATION THIS EVENT WILL BE HELD UNDER THE WKF COVID-19 PROTOCOL;



Key Elements



WKF COVID Protocol



Video

8.2.1. Covid-19 in Croatia

Croatian Karate Union established a special coordination team to prepare comprehensive COVID-19 countermeasures.

We will make all the necessary adjustments based on discussions with Croatian authorities, the European Karate Federation, and international federations and formulate steps that will be taken during the Championship to provide a safe and healthy environment for Championship participants.

The countermeasures will depend on the circumstances in Croatia and Europe in 2021. Currently, measures on the mandatory wearing of masks in all enclosed spaces,



public transport, and open spaces where no distance can be kept (for example, a line for ATM) are active.

For current recommendations and instructions for crossing the state border, please visit:

<https://www.koronavirus.hr/latest-news/recommendations-and-instructions-for-crossing-the-state-border/736>

Important phone numbers in case of any questions related to COVID-19:

<https://www.koronavirus.hr/important-phone-numbers/152>

For additional information and latest news regarding COVID-19 in Croatia, please visit:

<https://www.koronavirus.hr/en>

8.3 Opening Hours (Shops / Pharmacies)

Opening times: Mostly all shops, stores, and pharmacies in Croatia are opened from 8 a.m. to 8 p.m. Some supermarkets, bakeries, and kiosks are likely to be opened from 7 a.m. and closed at 9 p.m. or even 10 p.m.

How to pay: It is possible to pay both in cash or with a credit card in most stores and shops. In the case of paying with a credit card, it is recommended to have an identification document by your side. However, if you are buying some goods at the market or stands, it is advisable to have cash.

8.4 Currency

Croatian currency is Croatian kuna (HRK) or simply kuna (kn).

| CURRENCY | AMOUNT | CROATIAN KUNAS approx. |
|----------------|--------|------------------------|
| Euro | 1 € | 7,5 HRK |
| Swiss franc | 1 CHF | 6,95 HRK |
| Pound sterling | 1 £ | 8,25 HRK |

8.5 Electricity

Electrical supply is 230V, 50Hz AC. Croatia uses the standard European plugs.



8.6 Language

The official language in Croatia is Croatian. However, most people speak at least basic if not advanced English, and many locals in Poreč speak Italian.

8.7 Time

Croatian time is in the Central European Time Zone (CET). CET is one hour ahead of Greenwich Mean Time (GMT+1). Like in most European countries, Summer Time is observed in Croatia Time, where the time is shifted forward by one hour; 2 hours ahead of Greenwich Mean Time (GMT+2).

8 ADDITIONAL INFORMATION

8.8 Weather

In the second half of May in Poreč, we can expect clear and sunny weather even though rains are also not uncommon. The temperature is expected to range between 21°C - 26°C by day and around 13°C by night.

8.9 Insurance

In compliance with WKF Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance. The Croatian Karate Union and the European Karate Federation as well as the Organizing Committee assume no liability or responsibility for the lack of insurance from participants and members of the delegations. The head of the delegations have to sign the enclosed terms of responsibility and return it by **1st of April 2021 the latest.**

8.10 Communication

To call Croatia from abroad, you need to follow these steps:

- 1) Dial the access code
- 2) Dial the country code for Croatia **385**
- 3) Dial the area code, omitting the first zero
- 4) Dial the phone number

8.11 Important Phone Numbers

- Number for all emergencies / National Protection and Rescue Directorate: **(+385) 112**
- Ambulance: **(+385) 194**
- Firemen: **(+385) 193**
- Police: **(+385) 192**
- Roadside assistance: **(+385) 1987**
*For international or mobile calls dial: **+385 1 1987**
- National Maritime Search and Rescue Centre: **(+385) 195**
- Mountain Rescue Service: **(+385) 112**
- Tourist information in Croatian, English, German, and Italian: **062 999 999**
*For international calls dial: **+385 62 999 999**



9 RESERVATION FORMS

9.1 Transfer Service Form

Transportation from the official hotels to the sports center will be arranged for all participants.

Transfer services from airports to the official accommodation and back will be provided by Uniline Travel Agency for delegations that require it. If you need a transfer service from any of the indicated airports to Poreč, please book it via the following link:

https://www.uniline.hr/croatia/karate_porec_2021_transfer.php

Transfers will be arranged from and to Pula Airport, Zagreb Airport, Ljubljana Airport, Trieste Airport, and Venice Airport. Please see below prices according to the means of transport and the possible number of people. All indicated prices are valid for one-way transportation.

| AIRPORT | CAR 1-3 people | VAN 1-7 people | MINIBUS up to 15 people | BUS up to 49 people |
|-------------------|-------------------|-------------------|----------------------------|------------------------|
| Pula Airport | 60,00 € | 77,00 € | 280,00 € | 335,00 € |
| Zagreb Airport | 290,00 € | 355,00 € | 830,00 € | 955,00 € |
| Ljubljana Airport | 220,00 € | 265,00 € | 485,00 € | 650,00 € |
| Trieste Airport | 145,00 € | 175,00 € | 300,00 € | 430,00 € |
| Venice Airport | 260,00 € | 305,00 € | 510,00 € | 680,00 € |

RESERVATIONS

Please bear in mind that transportation services are limited and that the reservations will be confirmed on a first-come, first-served basis. The deadline to confirm a reservation is April 1st. After April 1st, all prices will be increased by 10%, and the agency cannot guarantee that the desired mean of transport will still be available.

DEPOSIT

Within 24 hours of making the reservation and receiving a confirmation from Uniline Travel Agency operators, guests have to pay a deposit of 50% of the full amount. The deposit is non-refundable, which means that Uniline will not make refunds in case of reservation cancellation. After the bank transfer is done, a guest needs to send a proof (confirmation) of payment received from the bank at the email address:

karate@uniline.hr

On the contrary, Uniline is not obligated to carry out the services. These 24 hours don't include Saturdays, Sundays, and holidays.

9 RESERVATION FORMS

PAYMENT

The remaining 50% a guest is required to pay no later than 35 days before arrival. Kindly note that any reservation for which the entire amount has not been paid will not be considered valid and that Uniline is not obligated to carry out the services.

PAYMENT DETAILS

- Remitter: First and last name and the home address of the holder of the reservation
- Receiver: Uniline d.o.o., Bože Gumpca 38, 52100 Pula, Croatia
- Bank: RAIFFEISEN BANK AUSTRIA d.d
- SWIFT: RZBHR2X
- IBAN: HR 30 2484 0081 5001 54861
- Subject: Reservation number which will be received from Uniline after the booking

All bank costs need to be paid by the client (when making the bank transfer, the client must put OUR in the "Detail of charge" area.

CANCELLATION POLICY

The deposit is non-refundable, which means that Uniline will not make refunds in case of reservation cancellation.

If the event is canceled due to covid-19, the refund will be made in full.

9.2 Catering Form

Unfortunately, this service will not be available due to the COVID-19 pandemic and countermeasures in force.



9.3 Terms of responsibility

Terms of responsibility

To be filled, signed, and sent back before 1st of April 2021.

I, _____

The undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 56th European Senior Karate Championships, which will be held in Porec, Croatia, from 19th to 23rd of May 2021, with full knowledge of the Statutes, the Rules and the Norms of the EUROPEAN KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity.

I take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the EKF and the Croatian Karate Union, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without monetary compensation.

Country/ Nation:.....

Surname, First Name:.....

Passport number & expiration date:.....

Credit card number & expiration date:.....

Federation position:

Address:.....

Phone: Email:

Date & place:

Signature:

Fill in, stamp, sign and send to:

euro@karateporec2021.com and office@karate.hr

10 CONTACT DETAILS

10.1 Croatian Karate Union

CROATIAN KARATE UNION

Address: Trg Krešimira Čosića 11, 1000 Zagreb, Croatia

Web: www.karateporec2021.com

E-mail: euro@karateporec2021.com

56th KARATE

19-23 May 2021

CROATIA
POREČ

20 21

EUROPEAN SENIOR
CHAMPIONSHIPS



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CROATIAN KARATE UNION

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