



26th-28th JANUARY

Karate 1 – Premier League

Paris 2024 FRANCE



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# 1. WELCOME MESSAGE

# 1.1 Greeting from the Host Federation

Dear esteemed guests, athletes, and karate enthusiasts,

It is with great pleasure and immense pride that I welcome you all to the magnificent city of Paris for this extraordinary karate event. As the President of the French Karate Federation, I am honored to host this remarkable gathering of talent, dedication, and passion for the martial art we hold dear.

Paris, known for its rich history and vibrant culture, is the perfect backdrop for a showcase of excellence in karate. Our beautiful city has a long tradition of hosting international events, and we are thrilled to continue this legacy by bringing together the global karate community.



I extend my heartfelt gratitude to all the athletes, coaches, officials, and spectators who have come to be a part of this event. Your presence here is a testament to the unifying power of karate and its ability to bring people from all corners of the world together.

I wish all the participants the best of luck and look forward to witnessing incredible displays of skill and sportsmanship. May this event be a memorable and successful one for each and every one of you.

Let us celebrate the spirit of karate, friendship, and fair competition in the beautiful City of Light. Welcome to Paris, and let the games begin!

Sincerely,

Francis Didier

French Karate Federation President





# 2. INTRODUCTION

The Karate1 - Premier League is the most important league event in the world of Karate. It comprises of a number of the most prominent Karate competitions and endeavours to bring together the best Karate athletes in the world in an open Championships of unprecedented scale and quality.

Initiated in 2011, the 2024 edition is formed by four events being held in the cities of Paris, Antalya, Cairo and Casablanca thus stating Karate's impact all around the world and its global scale.

At the final Premier League event 2024, the top-ranked athletes in each category are presented with the "Grand Winners" award. In order to be eligible to receive the "Grand Winners" award, competitors must participate in at least 3 events.

# 3. INTRODUCTION KARATE 1-PREMIER LEAGUE PARIS 2024

The Karate 1 – Premier League Paris 2024 will be held from 26<sup>th</sup> to 28<sup>th</sup> of January in 2024 at Stade Pierre de Coubertin, Paris (16e).

# 4. COMPETITION INFORMATION

#### 4.1 Categories

The competition categories are identical to the divisions of the Senior Individual World Championships

#### **KATA**

Individual Female/Male

#### **KUMITE**

Female -50 kg, -55kg, -61 kg, -68 kg, +68kg

Male -60 kg, -67 kg, -75 kg, -84 kg, +84 kg

#### 4.2 Prizes

For individual categories (Kumite and Kata):

Gold Medalist: 1.000 €
 Silver Medalist: 500 €
 Third Places: 250 €





# 5. CONTACT INFORMATION

# 5.1 Organizers contact details



French Karate Federation: www.ffkarate.fr

39 rue Barbès, 92120 MONTROUGE

info@ffkarate.fr

# **5.2 Local Organising Committee contact details**

Event Manager: Mrs. Célia SAMSON / opendeparis@ffkarate.fr

#### 5.3 WKF Event Supervisor contact

The WKF Event Supervisor for this Premier League event is Mr. Esteban Perez. His contact details are as follows:

Email: esteban@wkf.net

Telephone: +34 679336867

# **5.4** Safe Sport contact

WKF events must be safe for all athletes and participants and entirely free from any form of non-accidental violence, namely, harassment and abuse. Any such behaviour will not be tolerated.

If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Your first point of contact for any incident at this event is the WKF Event Supervisor, whose contact information you can find detailed above.

Otherwise, any other incident can be reported via the <u>WKF Official Complaint Form</u> and sent to: <u>safekarate@wkf.net</u>





# 6. WKF APPROVED PROTECTIONS, KARATEGIS & TATAMIS

The Karate 1-Premier League complies with the highest level of presentation. In order to guarantee the correct delivery of the event, and to ensure the suitable quality of the tournament, exclusively the following brands are WKF Approved for use in the 2024 Karate 1-Premier League Season.

# **SPORT PROTECTIONS "WKF Approved"**

























\*Click on the logos

CHECK THE COMPULSORY PROTECTIONS FOR THIS COMPETITION



# OFFICIAL KARATEGI KARATE 1 – PREMIER LEAGUE

Kumite and Kata karategis with the brand name embroidered on the shoulders in **RED or BLUE** are of mandatory use in <u>Karate 1- Premier League tournaments.</u>

The authorized companies to use these karategis models are:

ADIDAS	ARAWAZA	BESTSPORT	BUDO-NORD
DAEDO	<u>HAYASHI</u>	<u>PUNOK</u>	SHUREIDO
<u>SMAI</u>	TOKAIDO	WACOKU	WESING
BLITZ	FIGHT ART	<u>FUJIMAE</u>	<u>HAYATE</u>
HIROTA	<u>IPON</u>	<u>ITAKI</u>	KAITEN
KAMIKAZE	KIHON	<u>KO</u>	KWON
MIZUNO	МООТО	MUVON	NAGASHI
SFJAM NORIS	PROFORCE	<u>TOKYODO</u>	

<sup>\*</sup>Click on the buttons





# TATAMIS "WKF Approved"

Click on the image to visit the distributors by countries.



# **TATAMIS "WKF Approved"**











\*Click on the logos



# 7. EVENTS SCHEDULE

THURSDAY 25/01/24	ACTIVITY	Pierre de Coubertin Stadium			
	REGISTRATION FOR PREMIER LEAGUE EVENT				
	Timeslots by alphabetic order of Countries will be applied to ensure a smooth onsite registration process. Such timeslot will be established once finished the online registration.				
00 h	ENTRY: 2 team representatives	Pierre de Coubertin Stadium			
- 16:0	STATIONS	(Court n°3)			
10:00 h – 16:00 h	1) Waivers, Passport & Accreditation Check 2) System Check (Sportdata) 3) Back Number & Lanyard Pick Up 4) Accreditation Pick Up 5) Athlete Weigh-in				
	Weigh In	Pierre de Coubertin Stadium			
		(Court n°3)			
17:00 h	COACHES MEETING	Pierre de Coubertin Stadium			
		(Court n°2)			
19:00 h	OFFICIAL DRAW	Pierre de Coubertin Stadium			
		(Court n°3)			
20:00 h - 21:30 h	REFEREES BRIEFING	Pierre de Coubertin Stadium			
		(Court n°2)			





WKF COACH COURSE				
	Onsite Registration Entry: Coach			
	STATIONS  1) Waiver, Passport 8 2) Sportdata Check	Pierre de Coubertin Stadium (Court n°3)		
10:00 – 16:00 h	THE COACH PROGRAM TIMETABLE			
	16:00 – 17:30 h	ACCREDITED COACH BRIEFING		
	17:30 – 18:15 h	KUMITE COACH EXAMINATION	Pierre de Coubertin Stadium	
	18:15 – 19:00 h KATA COACH EXAMINATION		(Court n°2)	
19:30 h	COACH EXAMINATIONS RESULTS AND DELIVERY OF THE PL ACCREDITATIONS (to those approved coaches)			





# **COMPETITION PROGRAMME**

Venue: Pierre de Coubertin Stadium

# PREMIER LEAGUE 2024: ROUND ROBIN SYSTEM

FRIDAY (26/01/2024)				
	Kata Individual – Round Robin			
9:00	Female			
	Kumite Individual – Round Robin			
10:30	Male -60 Kg			
12:00	Female -50 Kg			
13:30	Male -67 Kg			
15:00	Female -55 Kg			
16:30	Male -75 Kg			
	Kata Individual – Quarter Finals & Semi Finals			
18:15	Female			
	Kumite- Quarter Finals			
18:45	Male & Female -60kg / -50kg/ -67kg/ -55kg/ -75kg			
	Kumite-Semi Finals			
19:35	Male & Female -60kg / -50kg/ -67kg/ -55kg/ -75kg			
20:30	End of the Friday's Competition			

SATURDAY (27/01/2024)				
	Kata Individual – Round Robin			
9:00	Male			
	Kumite Individual – Round Robin			
10:30	Female -61 Kg			
12:00	Male -84 Kg			
13:30	Female -68 Kg			
15:00	Male +84 Kg			
16:30	Female +68 Kg			
	Kata Individual – Quarter Finals & Semi Finals			
18:15	Male			
	Kumite – Quarter Finals			
18:45	Female & Male -61kg/ -84kg/ -68kg/ +84kg/ +68kg			
	Kumite – Semi Finals			
19:35	Female & Male -61kg/ -84kg/ -68kg/ +84kg/ +68kg			
20:30	End of the Saturday's Competition			





# PREMIER LEAGUE 2024: MEDALS BOUTS

SUNDAY (28/01/2024)				
10:00	Bronze Medals Bouts			
10:09	Kata Female			
10:31	Female -50 Kg			
10:53	Male -60 Kg			
11:15	Female -55 Kg			
11:37	Male -67 Kg			
11:59	Female -61 Kg			
12:21	Kata Male			
12:43	Male -75 Kg			
13:05	Female -68 Kg			
13:27	Male -84 Kg			
13:49	Female +68 Kg			
14:11	Male +84 Kg			
14:33	Lunch Break			
15:30	Finals Bout			
15:39	Kata Female			
15:51	Female -50 Kg			
16:03	Male -60 Kg			
16:15	Female -55 Kg			
16:27	Male -67 Kg			
16:39	Female -61 Kg			
16:51	Kata Male			
17:03	Male -75 Kg			
17:15	Female -68 Kg			
17:27	Male -84 Kg			
17:39	Female +68 Kg			
17:51	Male +84 Kg			
18:03	Medals Award			

The detailed competition schedule will be set after the closing of the online registration in order to adequate it to the final number of participating athletes.

Only the categories appointed will be allowed to stay in the stadium during the authorized timetables.

Detailed information will be communicated at due time.





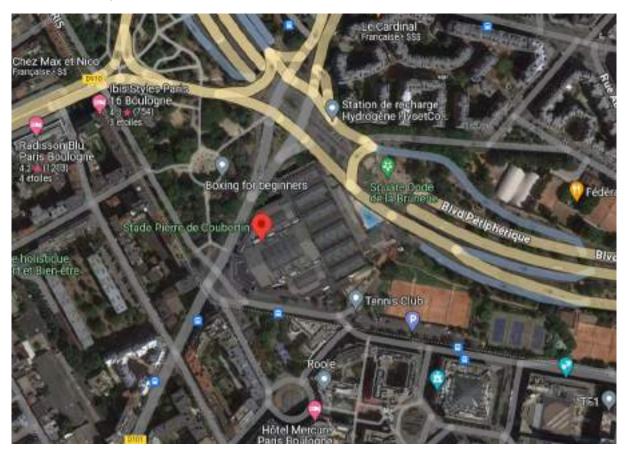
The event will take place at the Pierre de Coubertin Stadium, located at: 82, avenue George Lafont, 75016 PARIS.

#### Access:

Metro: line 9

• Bus: 175, 189, 42, 62

• Train: L, N



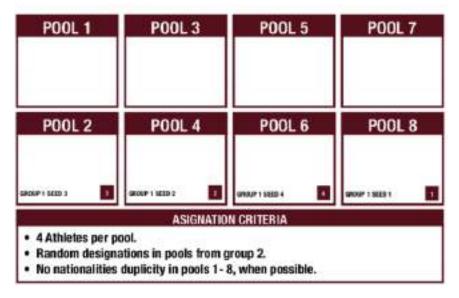




# 7.1 New competition System

The competition system consists of two different phases:

# **Round Robin Phase**



<sup>\*</sup>Pools of 3 athletes will be draw following the same assignation and order criteria that athlete's seed

The number of pools and athletes per pool depends on the number of competitors registered. This information is detailed in the **WKF World Ranking Rules**.

# **Elimination Phase**

# FINAL ROUND





# 8. EVENT RANKING

Competitors can earn ranking points in every Karate 1 event according to the official WKF-Ranking as can be seen in Section 2 (Points per Place) and Section 4 (Points Calculating System) of the WKF Ranking Rules.

The Applicable Ranking will be the one updated on the day of the registration opening:

**EVENT RANKING** 

# 9. ONLINE REGISTRATION & OFFICIAL ACCREDITATION

All registration in a Premier League event must be processed ONLINE.

No registration will be accepted after the official online registration deadline and all requests will be declined.

Onsite registrations will NOT be accepted.

The registration will be validated once the online payment is completed through the online payment platform.





# 9.1 Online Registration Process

The registration starts two (2) months prior to the event, on 26 November 2023 at the 12:00 h GMT +0 and close fifteen (15) days before the tournament, on 11 January 2024 at the 12:00 h GMT +0 and it is divided in the following three phases (all phases will open and close at the 12:00 h GMT +0 of the listed day);

#### PHASE 1

From 26 November 2023 (first week for registration)

Registration only by NFs for athletes classified between the positions 1 and 32 (included) in the Event Ranking

No limit of athletes per NF

From 04 December 2023 (second week for registration)

Open registration for athletes classified between the positions 1 and 32 (included) in the Event Ranking

No limit of athletes per NF

#### PHASE 2

From 12 December 2023 (next two weeks of registration)

If vacancies, open registration <u>for athletes ranked between positions 33 and 64</u>
(included) in the Event Ranking

No limit of athletes per NF.

#### PHASE 3

From 20 December 2023 (last two weeks of registration)

If vacancies, open inscription <u>for competitors ranked between positions 65 and 100</u>
(<u>included</u>) in the Event Ranking

No limit of athletes per NF.





#### **Non-Reported Absences**

- Any cancellation of an online registration must be <u>for a justified and duly accredited cause</u> and must be communicated in writing to the WKF (<u>wkf@wkf.net</u>) at least <u>48 hours before the first day of the competition</u>. <u>Title</u>: PL Absence + (event) + (WKF ID)
- 2. In case of an unjustified absence, the athlete will not be able to register in the following **TWO** (2) Karate 1 Premier League events.
- 3. If the unjustified absence occurs at the last Karate 1 Premier League event of the year, the athlete in question will not be eligible for the Grand Winner title either.

#### Replacement List

- 1. You may sign up for the **Replacement List** when a category is full (32) by selecting your desire category during the normal registration process, after which payment will not be requested and your entry will be listed as Replacement List 'Category'.
- The Replacement list is only to as a means of contacting the athlete if an entry declares their absence prior to the event. It does in <u>NO WAY</u> imply or suggest that the athlete has been registered for the event, or that the athlete has been promised a place in the event.

### **Contacting a Replacement**

- 1. If an absence is confirmed via WKF, then, the first registered athlete will be contacted immediately **by email** with instructions to complete their payment within a strict 24 hours.
- 2. Failure to complete the registration <u>within the 24 hours</u> will lead to the complete removal of the entry and the next person on the replacement list will be contacted.
- 3. After the registration closes, names can still be put manually onto the replacement list manually by writing the WKF (wkf@wkf.net) up to 7 days before the competition. Title: PL Replacement List + (event) + (WKF ID)





#### All competitor registrations must be made ONLINE

# ATHLETES REGISTRATION

All referee registrations must be made ONLINE

# REFEREE REGISTRATION

All coach registrations must be made ONLINE

# COACH REGISTRATION

Individuals and National Federations are responsible for the quality of the entered registration data.

The online registration of athletes will be openly disclosed for everyone from the beginning, thus allowing consultation by WKF NFs of the competitors registered in real time.

Any issue regarding the online registration must be notified to the software provider and to the WKF, at the latest five days before the first day of competition, in order to allow its consideration without altering the smooth running of the process.

Fifteen days before the start of the event the online registration will close.

#### **Technical Support for Online Registration**

In case of any questions concerning the online registration please contact the Sportdata software team via the email address; <a href="mailto:karate1@sportdata.org">karate1@sportdata.org</a>

#### 9.2 Entry Fee

The entry fee is € 150 per each individual entry.

#### 9.3 Payment

All payments must be processed through the ONLINE PAYMENT PLATFORM. Onsite payments will NOT be accepted.

#### 9.4 Official Accreditation

The official accreditation will take place on Thursday, 25/01/2024, from 10.00 a.m. to 16.00 p.m. at the Pierre de Coubertin Stadium, Court n°3.





If changes are required during the official registration session, due to incorrect or missing registration data, a fee of € 50 is charged for each change.

At registration, accreditation cards will be issued with the participants main data, a photograph and information about registered categories. The accreditation card must be worn at all times during the event.

The athlete's accreditation must contain an updated photograph that allows the athlete to be identifiable throughout the event.

Only members of national federations that are recognized by the WKF are admitted participating, as per the Karate 1 - Premier League Organising Rules 2024.

All participants must submit an official document (passport or other valid ID card) for the identification and validation at the accreditation session.

The accreditation of all the competitors must be done by the athlete or the athlete's coach, in person and bringing the athlete's passport or other valid ID at the accreditation session.

The competitor who has not collected, either personally or through his/her coach, the accreditation during the official registration, will not be included in the draw.

The weighing will be carried out immediately after receiving the accreditation, those athletes who do not attend the weighing will not be included in the draw.

# 10. MANDATORY DOCUMENTS

#### MANDATORY DOCUMENTS TO BE SUBMITTED AT THE OFFICIAL ACCREDITATION

At the onsite registration, all participants (Coaches, Athletes, Referees, Officials) must submit a printed and signed Waiver of Liability Form.

There are 3 types, one is for the Club/Team Representative, while the other 2 are for all other participants (Over 18 years old and under 18 years old). Find the links below.

# Waiver of Liability Forms:

- i. NF/Team Representative Waiver (link)
- ii. Individual +18 Form (link)
- iii. Individual 18 Form (Parental Consent) (link)
- The NF/Team Representative takes full responsibility for the validity of all signatures and information provided.





# 11. ANTI DOPING EDUCATION

As a participant in karate, it is your responsability to follow the WKF-Anti-Doping Rules. Click the <u>here</u> to take an Anti-Doping Education & Learning Course and learn more about your responsibilities. Also, you can visit our <u>website</u>.



#### **Course Recommendations**

International-level Athletes Education
High Performance Coach Education
Medical Professionals Education
Parents of Elite Athletes Education

# 12. BACK NUMBERS

The use of back numbers is compulsory for all categories and modalities in Karate 1 – Premier League events.

A new back number will be provided in the Karate 1 – Premier League events in 2024.

In case of lost or breakage, please contact 15 days before the competition to:

Iván Delfino

WKF Marketing Manager

Email: idelfino@wkf.net

All competitors are required to properly saw the back number on the back of their karategi's jacket.

If the back number is not properly sewn, it can be a reason for disqualification.





# 13. WKF COACH PROGRAMME

According to the WKF Coach Educational Programme, the minimum certification required to take part in Karate 1 – Premier League events is the "Kumite or Kata certification" (level 2). To obtain such certification, coaches must pass the corresponding Kumite or Kata examination.

The Kumite or Kata coach licence can be obtained

- through the WKF E-learning platform for Coaches. <a href="https://www.elearning-wkf.net/">https://www.elearning-wkf.net/</a>
- or by attending to one of the Programmes for Coaches that the WKF holds in official events.

A WKF Programme for Coaches will be held in all Karate 1 - Premier League events 2024.

Only coaches in possession of the "WKF Accredited Coach" level have access to the "WKF Kumite or Kata certification".

# 13.1 WKF Programme for Coaches, Paris 2024

Please find below the Coach schedule and the details for the registration process:

#### 13.1.1 Schedule

Accredited Coach Briefing					
Thursday	25/01/2024	from 16:00 h	to 17:30 h	Mercure Hotel, 37 Pl. René Clair, 92100 Boulogne-Billancourt	
Certified Kumite Coach Examination					
Thursday	25/01/2024	from 17:30 h	to 18:15 h	Mercure Hotel, 37 Pl. René Clair, 92100 Boulogne-Billancourt	
Certified Kata Coach Examination					
Thursday	25/01/2024	from 18:15 h	to 19:00 h	Mercure Hotel, 37 Pl. René Clair, 92100 Boulogne-Billancourt	

<sup>\*\*\*</sup> Please note that it is possible to take part in both the "Accredited Coach Briefing" and the "Certified Kata and/or Kumite Coach Exams".\*\*\*

# 13.1.2 Online Registration

Those coaches who wish to attend to the "WKF Coach Programme" in Paris must be registered online with deadline **11 January 2024** 

COACH PROGRAMME
REGISTRATION





Should you have any difficulties when registering, please contact <u>karate1@sportdata.org</u> for technical support.

#### 13.1.3 Fees

We would like to remind you that the fees for the Program for WKF Coaches are as follows:

Briefing for "Accredited Coach" level (new application or license renewal) 300 CHF

Examination for "Certified Kumite Coach" (new application or license renewal) **250 CHF** 

Examination for "Certified Kata Coach" (new application or license renewal) **250 CHF** 

# 13.1.4 Payment

All payments must be made through Sportdata platform.

No other methods of payment will be accepted.

Registrations and payments onsite will not be accepted.

# 14. MEDIA

# 14.1 TV Production

All the events of the 2024 Karate 1 – Premier League will be produced for international distribution on TV. The competition on Sunday will be available to a worldwide viewing audience though a high-quality TV production which will be provided to TV networks around the world following the agreements of the WKF.

Due to these agreements **VIDEO RECORDING WILL NOT BE ALLOWED UNDER ANY CIRCUNSTANCE**.

#### 14.2 YouTube Streaming

The eliminations of the 2024 Karate 1 – Premier League will be available by streaming on <a href="https://www.wkf.com/

Additionally, the medal bouts will also be available by streaming on the <u>WKF YouTube Channel</u> limited to those countries without TV rights.

In the countries where TV networks have acquired the rights to distribute the event, the medal bouts will be available only in the listed TV channels.





#### 14.3 Press

Press accreditation can only be given to professional journalists working for a recognised media outlet and having proof of their credentials.

Media professionals can register to request press accreditations through the online registration form which can be found here:

**PRESS REGISTRATION** 

Should you need more information about press or media related issues, please contact the World Karate Federation's office: press@wkf.net





# **15. THE VENUE**

Iconic and historic place of French karate, the Pierre de Coubertin Stadium has hosted the Paris Open Karate since 1996. It is also the stage of many sports events (fencing, badminton, basketball...). It is the home venue of the Paris Saint-Germain Handball team.

The stadium is located at: 82, avenue George Lafont, 75016 PARIS.

#### Access:

Metro: line 9

Bus: 175, 189, 42, 62

Train: L, N







**OFFICIAL TATAMI FOR THIS TOURNAMENT** 





#### 15.1 Lunch services at the Venue

There will be two concession stands catering to the spectators' culinary needs. These stands will offer a variety of delicious food and beverage options, ensuring that everyone can enjoy their favorite snacks and refreshments while they immerse themselves in the event's excitement.

# 16. TICKETS FOR SPECTATORS

#### **Online Ticketing**

Tickets will be available online on 1st December 2023 on: ffkarate.fr

The ticketing is available online on the official website at the following prices:

		Adults (+18 years old)	Children (between 4* and 18)
	Friday	8€	5€
Day rate	Saturday	12€	8€
	Sunday	12€	8€
Week-end pass (Saturday + sunday)		22€	14€
3 days pass (Friday + Saturday + Sunday)		27€	18€

<sup>\*</sup>The entry is free for children under 4 years old.

#### On-site

The on-site ticketing will also be open at the following prices:

		Adult (+18 years old)	Children (between 4* and 18)
	Friday	10€	6€
Day rate	Saturday	14€	10€
	Sunday	14€	10€
Week-end pass (Saturday + sunday)		26€	18€
3 days pass (Friday + Saturday + Sunday)		34€	20€

<sup>\*</sup>The entry is free for children under 4 years old.





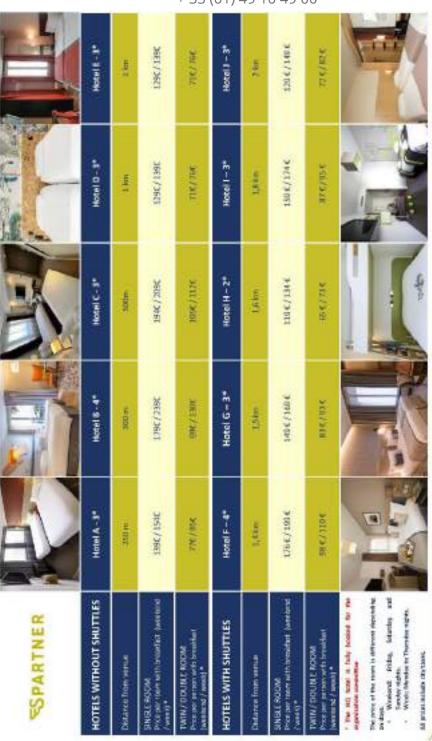
# 17. OFFICIAL HOTELS

# 17.1 Headquarter Hotel

ACCOMMODATION

# HÔTEL MERCURE PARIS BOULOGNE

37 Pl. René Clair, 92100 Boulogne-Billancourt + 33 (01) 49 10 49 00



Booking and more details: <u>www.accommodation-parisopen.com</u> (from November 26<sup>th</sup>)





# 6 passengers or more 15¢/painte SPC/person Georges Guenand: gguenand/Rspartner-agency.com Prices above are for one-way transfers for arrival or departure 3 to 5 passengers 40K / person 35£ / person TRANSPORT +33 6 51 49 54 05 1000 906 ğ SHUTTLES (from / to) Train station (Panis) CONTACTS CDS Alrport

Booking and more details: <a href="www.accommodation-parisopen.com">www.accommodation-parisopen.com</a> (from November 26th)





# 17.2 Booking and Payment

- The hotel rooms will be allocated on a "first come, first served" basis.
- Please make your accommodation reservation using the following link : www.accommodation-parisopen.com
- 50% of the total amount of the booking must be paid at the date of the booking after the reception of a proforma invoice which will confirm the reservation. If the requested hotel is no longer available, a solution of substitution will be proposed, without any obligation of reservation.
- The remaining balance will be due at the very latest 10 days before the arrival

# 17.3 Cancellation Policy

#### FROM THE DATE OF THE BOOKING TO 30 DAYS PRIOR TO ARRIVAL:

- Guests can release 40% of its total number of rooms free of charge. Beyond that, 50% of the total amount will be forfeited.
- Guests can release 100% of their transportation booking free of charge.

#### FROM 29 DAYS TO 15 DAYS PRIOR TO ARRIVAL

- Guests can release 20% of its total number of rooms free of charge. Beyond that, 100% of the cancellations will be forfeited.
- Guests can release 50% of their transportation booking free of charge. Beyond that, 50% of the total amount will be forfeited.

#### FROM 14 DAYS TO 8 DAYS PRIOR TO ARRIVAL

- Guests can release 10% of its total number of rooms free of charge. Beyond that, 100% of the cancellations will be forfeited.
- Guests can release 50% of their transportation booking free of charge. Beyond that, 100% of the total amount will be forfeited.

#### FROM 7 DAYS TO ARRIVAL

No refunds will be possible.

# 18. VISA

For any information regarding Visa requests, go to <a href="www.france-visas.gouv.fr">www.france-visas.gouv.fr</a>

Contact the EMAIL opendeparis@ffkarate.fr to request an invitation.





# 19. CITY / COUNTRY INFORMATION

#### 19.1 About Paris

Paris, often referred to as the "City of Light," is one of the most iconic and enchanting cities in the world. Nestled along the banks of the Seine River, Paris is renowned for its rich history, stunning architecture, and a vibrant culture that has left an indelible mark on art, fashion, and cuisine. From the iconic Eiffel Tower that graces its skyline to the world-famous Louvre Museum housing masterpieces like the Mona Lisa, Paris is a treasure trove of cultural and artistic wonders. The city's charming neighborhoods, each with its own unique character, offer a delightful blend of quaint cafes, bustling markets, and historic landmarks. With its timeless beauty, Paris has an irresistible allure that beckons visitors from around the globe to explore its streets and savor the joie de vivre that permeates this remarkable metropolis.

#### Top 15 things to do in Paris

# 19.2 How to get to Paris

# By Air:

Most international travelers arrive in Paris via Charles de Gaulle Airport (CDG) or Orly Airport (ORY). These airports have excellent connections to the city center by train, bus, or taxi.

#### By Train:

The Eurostar high-speed train connects Paris to major European cities, including London, Brussels, and Amsterdam, making it a convenient option for travelers coming from these destinations.

# By Car:

If you're already in Europe and prefer driving, you can reach Paris by car. Be aware of parking restrictions and consider traffic conditions, especially during peak hours.

#### By Bus:

Several long-distance bus companies offer services to Paris from various European cities. It's usually a budget-friendly option, but the journey may take longer than by train or plane.





#### From Charles de Gaulle Airport (CDG) to the center of Paris

#### **RER B Train:**

The RER B train is a popular and cost-effective option. The CDGVAL shuttle train connects the airport terminals to the RER B station. From there, you can take the RER B train to various central locations in Paris, including Gare du Nord, Châtelet-Les Halles, and Saint-Michel-Notre-Dame. The journey takes approximately 30-40 minutes. Trains run regularly, typically every 10-15 minutes.

#### Airport Shuttle Bus:

Various shuttle bus services operate between CDG and central Paris. These buses have multiple stops in the city, including popular locations like Gare de Lyon, Porte Maillot, and the Eiffel Tower. The travel time may vary based on traffic conditions but typically takes around 45 minutes to an hour.

#### Taxi:

Taxis are readily available at CDG. The journey to the city center by taxi can take around 30-45 minutes, depending on traffic. Be sure to use licensed taxis and make sure the meter is running.

#### **Private Transfer:**

You can also book a private transfer in advance. This can be a more comfortable and hassle-free option, especially if you have a lot of luggage or are traveling with a group.

#### Ridesharing Services:

Uber and other ridesharing services are available at CDG. They offer a convenient door-to-door option to reach the city center.

#### From Orly to the center of Paris

#### Orlyval Light Rail + RER B Train:

Take the Orlyval light rail from Orly Airport to the Antony station. From Antony, transfer to the RER B train, which will take you to various central locations in Paris, including Gare du Nord, Châtelet-Les Halles, and Saint-Michel-Notre-Dame. This journey typically takes around 30-40 minutes by train.

#### Orlybus:

Orlybus is a dedicated shuttle bus service that connects Orly Airport to central Paris. It runs from Orly to Denfert-Rochereau station, which is well-connected to other parts of the city. The journey usually takes about 20-30 minutes.





# <u>Tramway T7 + Metro:</u>

The T7 tram connects Orly Airport to the Villejuif - Louis Aragon metro station on Line 7. From there, you can take Line 7 of the Paris Metro to reach central locations in the city. The entire journey may take around 30-40 minutes.

#### Taxi:

Taxis are available at Orly Airport. The travel time by taxi to the city center typically ranges from 30 to 45 minutes, depending on traffic conditions.

#### Private Transfer:

Consider booking a private transfer in advance if you prefer a more comfortable and hassle-free option, especially if you have a lot of luggage or are traveling with a group.

# **Ridesharing Services:**

Ridesharing services like Uber are also available at Orly Airport, offering a convenient door-to-door option.

#### 19.3 Practical Information

# Language:

The official language of France is french.

#### **Currency:**

The official currency of France is Euro (€)

#### Weather:

Temperature: Daytime temperatures are generally cool, hovering around 6°C (43°F) on average. Nighttime temperatures can drop to around 2°C (36°F) or lower.

Rainfall: January is one of the wetter months in Paris, with an average of 50-60 millimeters of rainfall. Be prepared for occasional rain showers and drizzle.

Daylight: Days are quite short, with limited daylight hours. You can expect around 8 hours of daylight in January.

Sunshine: While there will be some sunny days, it's common to have overcast and gray skies during this month.

Wind: Paris can experience some blustery days, so it's a good idea to dress warmly and wear layers.

#### Paris Time Zone:

The time zone in Paris in January is UTC+1.





#### <u>Important phone numbers in Paris:</u>

# **Emergency Services:**

- Police: 17

- Medical Emergency (SAMU): 15

- Fire Department (Pompiers): 18

- European Emergency Number (works in Paris and throughout the European Union): 112

#### **Medical Assistance:**

SOS Médecins (Non-emergency medical assistance at home): 01 47 07 77 77

#### **Pharmacies:**

To find an open pharmacy outside regular business hours, call 01 45 45 57 55 or check for signs on the nearest pharmacy indicating the closest one that's open.

#### **Lost or Stolen Credit Cards:**

- Visa: 08 00 90 11 79

- MasterCard: 08 00 90 13 87

- American Express: 01 47 77 72 00

#### **Embassies and Consulates:**

Contact your country's embassy or consulate for assistance in case of emergencies or other issues.

#### **Tourist Information:**

Paris Tourist Office: 08 92 68 30 00

• Gare du Nord Tourist Information: 01 53 31 50 00

• Gare de Lyon Tourist Information: 01 40 02 34 15

#### **Public Transportation:**

For information on public transportation, you can call the RATP (Régie Autonome des Transports Parisiens) hotline: 32 46 or visit their website for updates and schedules.

#### Taxis:

While there isn't a single emergency number for taxis, you can find taxi services in Paris through various taxi companies. Taxis G7 is one of the well-known taxi services in Paris.

# 20. MERCHANDISING

There is an opportunity for Vendors to have a stand in the arena. Please contact opendeparis@ffkarate.fr





# 21. MISCELLANEOUS

The local sponsors of the event are:

- Région Île-de-France
- « Noris »





Follow the French Karate Federation and Paris Open Karate account to have all the information regarding the event :

Facebook: @ParisOpenKarate

Instagram: @ParisOpenKarate

Twitter: @ffkarate

YouTube : Fédération Française de Karaté

# 22. OMISSIONS

As regards that the specific items are not expressly foreseen in the present bulletin reference is to be made to the general rules and guidelines contained in WKF Regulations.

















