

26TH BALKAN KARATE CHAMPIONSHIPS FOR SENIORS

7TH BALKAN KARATE CHAMPIONSHIPS FOR VETERANS

23 - 25 FEBRUARY 2024

PODGORICA, MONTENEGRO



Ministarstvo sporta i mladih



MR. DAVOR CIPEK

PRESIDENT OF THE KARATE FEDERATION OF BALKAN



Dear Participants and Distinguished guests,

It is both, an honor and pleasure to greet you all on behalf of the Karate Federation of Balkan and invite you to take participation at the 26th Balkan Karate Championships for Seniors and 7th Balkan Championships for Veterans which will take place in Montenegro and unique City of Podgorica.

Karate speaks all languages and connects all people and generations regardless of race, gender, religion and political status

and by this basic tenets our karate family is well known. The Balkan Karate Championships in Montenegro is more than just a competition, it is a place where friendship, respect and tolerance meet. I hope that, along with the event itself, you will have many beautiful and pleasurable moments during your stay in Montenegro and that the 26th Balkan Karate Championships for Seniors and 7th Balkan Championships for Veterans as well as the city of Podgorica will remain pleasant memories that you will always gladly remember.

I am looking forward to see you all together in City of Podgorica in Montenegro at the beginning of 2024!

MR. SLAVOLJUB PIPER

GENERAL SECRETARY OF THE KARATE FEDERATION OF BALKAN



Dear guests,
Dear athletes,
Friends of karate,

It's my great pleasure to welcome all participants of the 26th Balkan Karate Championships for Seniors and 7th Balkan Karate Championships for Veterans.

Montenegro and Podgorica are the traditional host of major sporting events such as this competition.

Reassemble the whole Balkans in one place; it is a great honor and responsibility for the Karate Federation of the Balkan.

By organizing this tournament, we wanted to show everyone how karate is positive, mass and popular sport. We hope that all participants and guests will see and feel the energy, knowledge and hospitality of the organizers of this competition and therefore will constantly return to compete.

This event is more than the competition itself. It will be a combination of friendship, art and karate. I am convinced that Montenegro and Podgorica, as many times before, are ready to justify the trust.

I wish that this event, for all participants and for the world karate sport, be seen as wordless dialogue in the spirit of sport philosophy. Karate speaks all languages and connects all people and generations, regardless of race, sex, religion and political status.

Let the best win!

MR. PREDRAG PERKOVIĆ

PRESIDENT OF KARATE FEDERATION OF MONTENEGRO



Dear esteemed sports colleagues,

We are thrilled to extend our heartfelt invitation to the upcoming 26th Balkan Karate Championships for Seniors and 7th Balkan Karate Championships for Veterans. This exciting event will take place in the beautiful city of Podgorica, the capital of Montenegro.

With a long and illustrious history, Montenegro has always embraced and valued true principles. We believe that the true essence of value extends beyond material possessions, instead emphasizing maturity and the ability to foster genuine

connections. As an old European country, Montenegro has consistently championed openness, co-existence, and integration into the wider European community. We warmly welcome athletes, officials, and guests from all corners of the globe to join us in celebrating both the sport of karate and the cultural heritage of Montenegro.

Our commitment to ensuring an exceptional experience for all participants is unwavering. As a proud member of the WKF, EKF, and KFB, we are dedicated to hosting a top-tier competition that will be characterized by a high level of sport, international camaraderie, and an enchanting atmosphere. We place great importance on providing an event that leaves lasting memories for everyone involved.

Once more, we extend our warmest greetings and sincerely hope that your time spent in Podgorica will make you feel right at home. Anticipate an unforgettable experience as we come together in the vibrant capital of Montenegro.

Welcome to Podgorica, and let the championships begin!

MONTENEGRO

ABOUT MONTENEGRO

Montenegro (Montenegrin: Crna Gora), is located in South-eastern Europe. It has a coast on the Adriatic Sea to the south-west and is bordered by Croatia to the west, Bosnia and Herzegovina to the northwest, Serbia to the northeast, and Albania to the southeast. Its capital and largest city is Podgorica, while Cetinje is designated as the Prijestonica, meaning the former Royal Capital City.

The country got its name (literally, "black mountain") from the dark, mountain forests that cover the land. Some 60 percent of the country is more than 1,000m high, with the tallest peak Bobotov Kuk (Durmitor) reaching to 2,522m.

The coast of Montenegro is 294km long. A notable feature of the Montenegrin coast is Bay of Kotor, a fjord-like gulf, which is in fact a submerged river canyon. The Bay of Kotor is surrounded by mountains up to 1,000m high, which plunge almost vertically into the sea.

NATURAL BEAUTY

Back in 19th century, Lord Byron wrote "At the birth of our planet, the most beautiful encounter between the land and the sea must have happened at the coast of Montenegro. When the pearls of nature were sown, handfuls of them were cast on this soil." Montenegro still retains its natural charm and beauty. Architecture dating back to the 12th Century is still prevalent among the many UNESCO heritage towns and villages. Montenegro's natural beauty is dramatic; mountains dropping down to mirrored water in the UNESCO heritage Kotor bay and the crystal clear waters of the Adriatic lapping the sandy beaches of the coast. Although the gulf of Kotor is commonly referred to as a fjord, it was not formed by glacial movement and is in fact a ria (a drowned river canyon), but is by common consent, spectacular. Drive into the mountains to find undrowned river canyons (the Tara canyon being the second deepest in the world), glacial lakes, untouched nature and a fledgling ski and eco-tourism industry. On the coast, the climate is Mediterranean rising to 40 degrees in August, but cooler inland where the climate is Continental.



Link:

<https://www.youtube.com/embed/A-RICQuEVe0>

PODGORICA - MONTENEGRO

Podgorica is the administrative center of Montenegro, located in southern Montenegro near the confluence of the Ribnica and Morača rivers. The city has a rich history, with the first recorded settlement, Birziminium, being a caravan stop in Roman times. It is believed that the settlement was also an Illyrian tribal center in earlier times. Podgorica was later captured by the Ottoman Empire in 1474 and became a part of the Sanjak of Scutari.

Today, Podgorica serves as the capital and largest city of Montenegro. It has an area of 1,441 square kilometers, making it the largest city in the country. The official language of Montenegro is Montenegrin, and the official currency is the Euro. Podgorica is also surrounded by natural beauty, with the Adriatic Sea and several neighboring countries, including Croatia, Bosnia and Herzegovina, Serbia, Kosovo, and Albania, forming its land borders.

Podgorica's location near rivers and its historical significance make it an interesting destination for visitors, offering a blend of both ancient and modern attractions. Whether you're interested in exploring historical sites or enjoying the natural beauty of Montenegro, Podgorica has something to offer.



King Nikola's Castle

KING NIKOLA'S CASTLE

King Nikola's Castle, also known as the Podgorica Royal Palace, is located in Podgorica, Montenegro, and was once a royal winter residence. This palace was constructed by King Nikola I Petrović-Njegoš in 1889, nestled within the serene and enchanting Kruševac forest park, the largest park in Podgorica.

The palace was built in a Neo-Renaissance style and has been reconstructed several times throughout its history, most recently in the early 21st century. Today, the palace serves as a historical museum, preserving the ambiance of the palace and showcasing Montenegro's rich history.

RIBNICA BRIDGE

Being that Podgorica in Montenegro probably has the richest historical legacy, it is only fair to be the home of one of the most historic sites in the country, that being the Ribnica Bridge. What started as an outpost gradually became a settlement in its own right. The bridge was originally built by the Romans in the 5th century then renovated under Ottoman rule.



Ribnica Bridge

DUKLJA RUINS

The Duklja Ruins are a significant archaeological site located near Podgorica, Montenegro. These ruins mark the location of the ancient town of Duklja, also known as Doclea, that was situated at the confluence of the rivers Moraca and Zeta.

Duklja was the largest settlement of the Docleatae, an Illyrian tribe. The city was built in the 1st century AD on a plateau near the confluence of the Moraca and Zeta rivers. Visitors to the site can explore remnants of Roman streets, public baths, and temples, which tell a story of a city that has witnessed the rise and fall of empires.



Duklja Ruins

The site is only three kilometers away from the heart of Podgorica, making it a historically rich and easily accessible destination for those interested in Montenegro's ancient history.



STARA VAROS

Stara Varos, which translates to "Old Town," is a historical neighborhood in Podgorica, Montenegro. This area was the core of the city between the 15th and 19th centuries during the Ottoman rule. It was built around the medieval fortress, Depedogen, and developed into a typical Oriental settlement.

Stara Varos was the center of old Podgorica during the Turkish rule from 1474 until 1879. The neighborhood has retained traces of the 400 years in which it was the center of a bustling Ottoman Turkish town, and it's known for its slightly different lifestyle.

Despite the destruction of a large part of the neighborhood during the bombing of Podgorica in the Second World War, Stara Varos still retains remnants of Ottoman architecture, making it a historically rich part of the city.

EVENT'S PROGRAM

DATE	TIME	ACTIVITY	LOCATION
22.02.2024	12:00 – 17:00	Registration of Delegations	HQ Hotel
22.02.2024	13:00 – 18:00	Weighing, All Categories	
22.02.2024	18:30 – 19:00	Drawing	HQ Hotel
23.02.2024	09:00 – 20:00	Competition DAY 1	
24.02.2024	09:00 – 20:00	Competition DAY 2	
25.02.2024	09:00 – 20:00	Competition DAY 3	

COMPETITION INFO AND SCHEDULE

Number Of Competitors / Teams Per Country And Category

A country can register:

- up to 4 competitors for individual Kata events for seniors
- up to 4 competitors for individual Kumite event for seniors
- up to 4 competitors for individual Kata events for veterans
- up to 4 competitors for individual Kumite event for veterans
- 1 Team for Kata Team for seniors
- 1 Team for Kumite Team for seniors.

REGISTRATION

Deadline for registration of competitors and team is February 16th, 2024. To apply, it is necessary to use on line www.sportdata.org section "Karate".

Age categories

AGE	INDIVIDUAL (Kumite)	TEAM (Kumite)	INDIVIDUAL (Kate)	TEAM (Kate)
Seniors	+18	+18	+16	+16
Veterans	1989-1980		1989-1980	
	1979-1970		1979-1970	
	1969 and older		1969 and older	

Weight categories

Seniors		Veterans					
+18		1989-1980		1979-1970		1969 and older	
Male	Female	Male	Female	Male	Female	Male	Female
-60kg	-50kg	-75	-65	-75	-65	-75	-65
-67kg	-55kg	-85	-75	-85	-75	-85	-75
-75kg	-61kg	+85	+75	+85	+75	+85	+75
-84kg	-68kg						
+84kg	+68kg						
Team 5+2	Team 3+1						

COMPETITION SCHEDULE

FRIDAY, February 23th 2024				
Time	Age Category	Gender	Category	Program
09:00	Seniors	Male	Kata individual	Eliminatorys, Repechages & Final
	Seniors	Female	-50 kg	Eliminatorys, Repechages & Final
	Seniors	Female	-55 kg	Eliminatorys, Repechages & Final
	Seniors	Female	-61 kg	Eliminatorys, Repechages & Final
	Seniors	Female	-68 kg	Eliminatorys, Repechages & Final
	Seniors	Female	+68 kg	Eliminatorys, Repechages & Final
	Veterans 1989-1980	Female	Kata individual	Eliminatorys, Repechages & Final
	Veterans 1979-1970	Female	Kata individual	Eliminatorys, Repechages & Final
	Veterans 1969 and older	Female	Kata individual	Eliminatorys, Repechages & Final
	Veterans 1989-1980	Male	Kata individual	Eliminatorys, Repechages & Final
	Veterans 1979-1970	Male	Kata individual	Eliminatorys, Repechages & Final
	Veterans 1969 and older	Male	Kata individual	Eliminatorys, Repechages & Final
	Veterans 1989-1980	Female	-53 kg	Eliminatorys, Repechages & Final
	Veterans 1989-1980	Female	-60 kg	Eliminatorys, Repechages & Final

FRIDAY, February 23th 2024

Time	Age Category	Gender	Category	Program
	Veterans 1989-1980	Female	+60 kg	Eliminatories, Repechages & Final
	Veterans 1979-1970	Female	-53 kg	Eliminatories, Repechages & Final
	Veterans 1979-1970	Female	-60 kg	Eliminatories, Repechages & Final
	Veterans 1979-1970	Female	+60 kg	Eliminatories, Repechages & Final
	Veterans 1969 and older	Female	-53 kg	Eliminatories, Repechages & Final
	Veterans 1969 and older	Female	-60 kg	Eliminatories, Repechages & Final
	Veterans 1969 and older	Female	+60 kg	Eliminatories, Repechages & Final
	Veterans 1989-1980	Male	-65 kg	Eliminatories, Repechages & Final
	Veterans 1989-1980	Male	-75 kg	Eliminatories, Repechages & Final
	Veterans 1989-1980	Male	+75 kg	Eliminatories, Repechages & Final
	Veterans 1979-1970	Male	-65 kg	Eliminatories, Repechages & Final
	Veterans 1979-1970	Male	-75 kg	Eliminatories, Repechages & Final
	Veterans 1979-1970	Male	+75 kg	Eliminatories, Repechages & Final
	Veterans 1969 and older	Male	-65 kg	Eliminatories, Repechages & Final
	Veterans 1969 and older	Male	-75 kg	Eliminatories, Repechages & Final
	Veterans 1969 and older	Male	+75 kg	Eliminatories, Repechages & Final

SATURDAY, February 24th 2024

Time	Age Category	Gender	Category	Program
09:00	Seniors	Female	Kata individual	Eliminatories, Repechages & Final
	Seniors	Male	-60kg	Eliminatories, Repechages & Final
	Seniors	Male	-67kg	Eliminatories, Repechages & Final
	Seniors	Male	-75kg	Eliminatories, Repechages & Final
	Seniors	Male	-84kg	Eliminatories, Repechages & Final
	Seniors	Male	+84kg	Eliminatories, Repechages & Final
13:00 - 14:00	Opening Ceremony			

SUNDAY, February 25th 2024

Time	Age Category	Gender	Category	Program
09:00	Seniors	Female	Team Kata	Eliminatories, Repechages & Final
	Seniors	Male	Team Kata	Eliminatories, Repechages & Final
	Seniors	Female	Team Kumite	Eliminatories, Repechages & finals
	Seniors	Male	Team Kumite	Eliminatories, Repechages & finals

Registration fees

CATEGORY	FEE
Kata Individual	40 EUR (per person)
Kumite Individual	40 EUR (per person)
Kata Team	50 EUR (per team)
Kumite Team	50 EUR (per team)

Each change in the application is charged 40 euros per person.

Payment of the fee can be made through the current account according to the attached instructions or the head of the delegation can pay the total amount of the fee on the spot in the registration center and then the payment is in euros.

PROTEST FEES

The fee for an official protest is 200 euros.

REGISTRATIONS, ACCREDITATION AND WEIGH-IN

ON-SITE REGISTRATION

Only the head of delegation of every NF should come to the registration and accreditation area with all necessary documentation for all competitors and other members of delegation.

Steps will be as following:

1. The Head of the delegation receives the list of registered participants for reviewal (participants that are registered online)
2. In case of changes, the registration and accreditation team updates the list
3. The Head of the delegation prepares all passports according to the final list
4. The accommodation team compares the registration list to the rooming list to ensure that all registered participants are accommodated in the official accommodation
5. The Head of the delegation makes payments according to the final registration list
6. The accreditation team issues accreditation cards

WEIGH-IN

Weigh-in will be organized for every national federation after the successful registration and accreditation procedure. The weigh-in will take place at the hotel where the competitors are accommodated 60 minutes after the completion of the registration and accreditation procedure for each national federation.

PROTECTIVE EQUIPMENT

All equipment must be WKF approved. Please see more on the following link: <https://www.wkf.net/karateprotections/>

INSTRUCTION FOR PAYMENT OF REGISTRATION FEE:

59: Beneficiary customer	
Name of beneficiary:	Karate federacija Balkana
Beneficiary's address:	Makedonska 28/2 RS-11000 Beograd (Stari grad)
Acc.no.with Halkbank ad Beograd (IBAN):	/RS3515500000008878808
57A: Account with institutions	
Bank of beneficiary:	HALKBANK A.D. BEOGRAD Milutina Milankovića 9a RS-11070 Novi Beograd (Beograd) SWIFT: CABARS22
56A: Intermediary	
For payments in EUR:	1. Commerzbank AG Franfurtn SWIFT: COBADEFF
	2. Ziraat bank International AG Frankfurt, SWIFT: TCZBDEFF
	3. Erste Group Bank AG, Vienna, SWIFT: GIBAATWG
For payments in USD:	1. Erste Group Bank AG, Vienna, SWIFT: GIBAATWG
For payments in CHF, GBP, CAD, AUD and SEK:	1. Commerzbank AG Franfurtn SWIFT: COBADEFF
For payments in RUB:	1. Commerzbank AG Franfurtn SWIFT: COBADEFF
For payments in TRY:	1. Turkiye Halk Bankasi A.S., SWIFT: TRHBTR2A
NOTE:	BEN (Bank fees when transferring funds, goes to Your load) VAT is included in the price

VENUE

The competition venue is in Sports hall Verde Oktoih 2, Donja Gorica Podgorica, 81000.

ENTRANCE

Entrance to the Sport Hall will be free of charge.



ACCOMMODATION

Delegations are obligatory to use official accommodation and reserve it only through the Karate federation of Montenegro.

Participants who do not follow the procedure stated in this bulletin and do not book accommodation through the Karate federation of Montenegro will not be entitled to accreditation and will not get their accreditation cards.

All athletes, referees, coaches and delegations must be accommodated in hotels in the organization of the Technical Organizer (KFB Statute, Article 57). Otherwise would not be able to take part in the Championship.

The number of rooms available are limited and a first come first serve policy will be implemented.

Note: Please be informed that when making changes to your initial reservation, the first change is free of charge, from the second change onwards, the change is 15 Euros to cover office fees.

VOCO HOTEL (HQ HOTEL)



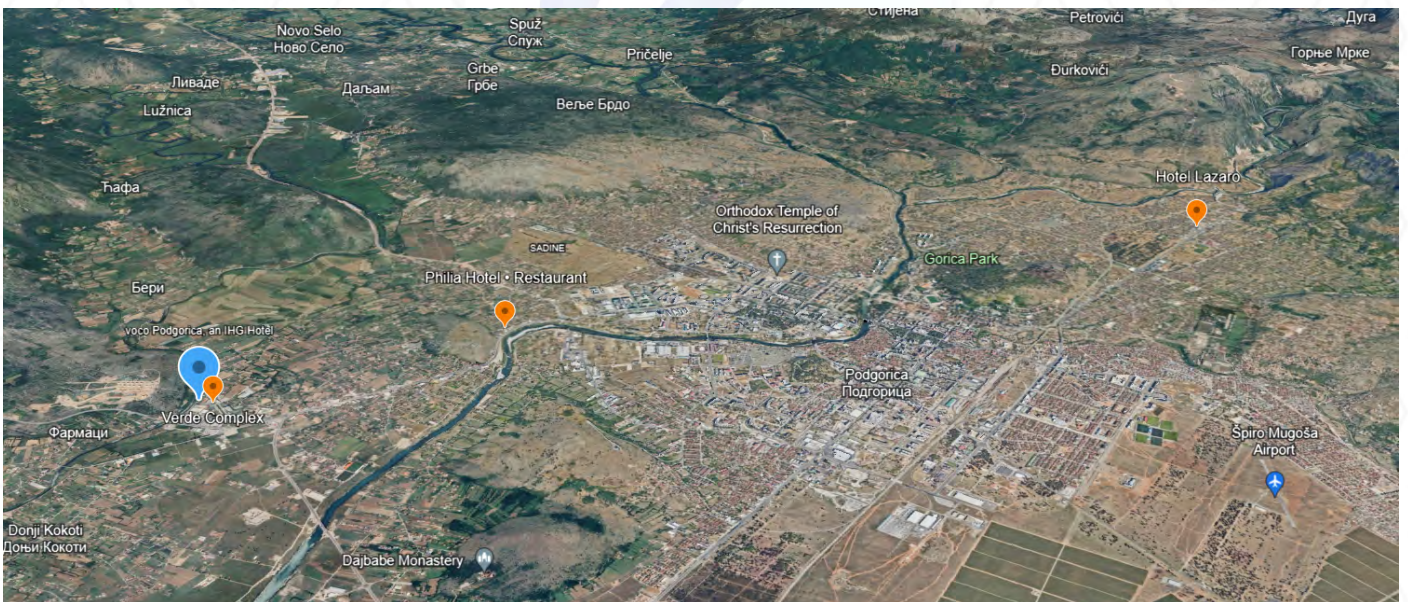
VERDE HOTEL



PHILIA HOTEL



LOCATION ON GOOGLE EARTH



Click on image for Google Earth exploration

Hotel	Distance from Venue	Distance from airport Podgorica	Distance from airport Tivat	1/1 single HB	1/2 twin HB	1/2 queen HB	1/3 triple HB
Voco Hotel (HQ hotel)	0 km	10.1 km	77.2 km	107 €	87 €	87 €	67 €
Verde Hotel	0 km	10.1 km	77.2 km	-	67 €	67 €	-
Philia Hotel	3.1 km	11.5 km	79.9 km	80 €	65 €	65 €	-

Prices are in EUROS per person per night.

Prices include accommodation, breakfast and dinner.

PARKING FOR BUSES

The organizer of the Championships will provide free parking for all buses of national federations.

BOOKING AND PAYMENT FOR THE ACCOMMODATION AND TRANSFERS

As mentioned before, delegations are obligatory to use official accommodation and reserve it through the Karate Federation of Montenegro. If the procedure stated below is not followed, participants will not be entitled to accreditation.

All athletes, referees, coaches and delegations must be accommodated in hotels in the organization of the Technical Organizer (KFB Statute, Article 57). Otherwise would not be able to take part in the Championship.

International Bank transfer details provided on page 18.

Please note that availability for accommodations is limited, and reservations will be confirmed on a first-come, first-served basis. The cut-off date for confirming reservations is January 20, 2024. After this date, all prices will increase by 25%, and the Karate Federation of Montenegro cannot guarantee the availability of desired accommodations.

To book, you must fill out the registration form and send it to karatesavezcg@gmail.com.

A payment of 50% of the total price by February 06, 2024, will secure your reservation. The National Federations are obligated to complete the payment for the accommodation, settling the remaining balance in full no later than February 13, 2024.

Each rooming list must include the contact details of a representative, specifically their email address and phone number.

TRANSFERS

We can organize airport-hotel-airport transportation for all those arriving by plane. Inquiry to karatesavezcg@gmail.com

SHUTTLE BUS

We can organize shuttle bus for hotel-venue-hotel on request. Inquiry to karatesavezcg@gmail.com

PRELIMINARY RESERVATION AND PAYMENT:

A payment of 50% of the total price by February 06, 2024, will secure your reservation.

The remaining balance should be payed to Karate Federation of Montenegro in full no later than February 13, 2024.

CANCELLATION POLICY

The deposit is non-refundable, which means that Karate federation of Montenegro will not make refunds in case of reservation cancellation.

INSURANCE

It is compulsory for all participants and delegation members to effectuate their own medical insurance and personal trip insurance. Karate federation of Montenegro and Karate Federation of Balkan are taking no liability for these concepts.

During the registration each delegation must present the signed insurance form.

FLAG AND ANTHEM

All delegations must provide their official flag (2) and anthem (CD) during registration.

INSTRUCTION FOR PAYMENT OF ACCOMMODATION

59: Beneficiary customer	
Name of beneficiary:	KARATE SAVEZ CRNE GORE
Beneficiary's address:	19. Decembra br.5 81000, Podgorica, MONTENEGRO
IBAN	ME25510000000020192530
57A: Account with institutions	
Party Identifier	100 9363045 0000
Swift Address	CKBCMEPG
Name	CRNOGORSKA KOMERCIJALNA BANKA AD PODGORICA
56A: Intermediary	
Swift Address	DEUTDEFF
Name	Deutsche Bank AG Frankfurt
For payments in EUR:	1. UniCredit Bank Austria AG SWIFT: BKAUATWW
	2. Deutsche Bank AG Frankfurt, SWIFT: DEUTDEFF
	3. Intesa Sanpaolo SPA SWIFT: GIBAAATWG
For payments in USD:	1. Deutsche Bank Trust Company Americas SWIFT: BKTRUS33
For payments in EUR, HUF, USD and SEK:	1. Commerzbank AG Frankfurt SWIFT: COBADEFF
For payments in GBP:	1. Lloyds Bank PLC SWIFT: LOYDGB2L
NOTE:	BEN (Bank fees when transferring funds, goes to Your load)

INFORMATION AND OBLIGATIONS OF THE CHAMPIONSHIPS

Pursuant to Article 57 of the Statute of the KFB in competitions organized by Karate Federation of Balkan (KFB) can participate:

- Judges delegated by KFB,
- Athletes who are duly registered and in time according to the schedule and have made a payment of registration fee before the event,
- Officials (referees, coaches, representatives of the national karate federation) and athletes who are placed in the OFFICIAL HOTELS published in the Bulletin.

All competitors must bring with them their own gloves and belts (red and blue) and all other protective equipment approved by the WKF.

USEFUL INFORMATION ABOUT MONTENEGRO

LANGUAGE: The official language is Montenegrin, but nearly everyone speaks English.

Currency: EUR. Bank offices are open from 8.00 to 16.00 from Monday to Friday.

Weather: Days are usually cold and rainy, so visitors should pack winter clothes. The average daily maximum is 11° C and the average daily minimum is 6° C.

Time: GMT+1.

Electricity: 220V. Montenegro uses a standard plug with two round pins.

Phone: Prefix is +382 check with your phone provider to see what roaming charges you might incur.

Visa: Not necessary for citizens of any SSEKF member state.

Medical emergency care: KCCG (Clinical center of Montenegro)

Emergency telephone number: Ambulance/Police/SOS 112

Buisness-shopping hours: 09:00 - 21:00

TERM OF RESPONSIBILITY

To be filled, signed and sent back by February 15th, 2024.

I, _____ the undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 26th Balkan Championships for Seniors and 7th Balkan Championships for Veterans which will be held in Podgorica, Montenegro, from the 23 to the 25 of February 2024, with full knowledge of the Statutes, the Rules and the Norms of The KARATE FEDERATION OF BALKAN, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities for whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc. Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the KFB and the Karate Federation of Montenegro blic and private entities).

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

Country/Nation:	
Surname, First name:	
Passport number & expiry date:	
Credit Card details & expiry date:	
Position in the federation:	
Address:	
Tel.-no.:	
E-mail:	

Fill in, stamp, sign and send to: Karate Federation of Montenegro

Signature

CONTACT:

KARATE FEDERATION OF MONTENEGRO

ADRESS

**PODGORICA
MONTENEGRO**

**PHONE:
+382 20 648 411**

**E-MAIL:
karatesavezcg@gmail.com**