



08-12 MAY

59th EKF – Senior Championships

**Zadar 2024** 

1st Bulletin



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#### 1. WELCOME MESSAGE

#### 1.1 Greeting from the Head of EKF

As we eagerly anticipate the upcoming 2024 EKF Senior Championships to be held in Zadar, Croatia, from May 8 to 12, 2024, I am filled with immense pride and enthusiasm. This event marks a significant moment for the sport of Karate in Europe, bringing together the best athletes from our continent in a celebration of skill, dedication, and sporting spirit.

The EKF Senior Championships serve as a testament to the strength and unity of the European Karate community. It is a platform where competitors showcase their exceptional talents, pushing the boundaries of excellence and inspiring the next generation of Karate enthusiasts.



I would like to extend my heartfelt gratitude to the Croatian Karate Union and its esteemed President, Davor Cipek, for their unwavering commitment and collaboration in organising this prestigious event. Their dedication to the sport and their exceptional organisational skills plays a pivotal role in ensuring the success of the championships.

Croatia's rich history and passion for Karate provide an ideal backdrop for this gathering of elite athletes. Nonetheless, Croatia have become a major hub of Karate since the country host one of the most popular and anticipated events of the year, the WKF Youth Camp in Porec; the nation, located at the crossroads of Central and Southeast Europe, has also welcomed memorable tournaments such as Karate 1-Youth League events since 2018, the EKF Senior Championships in 2009 and 2021, and the EKF Cadet, Junior & U21 Championships in 2004, to name a few. I am confident that Zadar will not only be a spectacular host but will also create an atmosphere that elevates the competition to new heights.

As we come together in Zadar, let us embrace our values, and the honour, and respect that define the essence of Karate. May the championships be a source of inspiration, fostering lasting memories and friendships within our Karate community.

Best of luck to all the participants and organisers and a big "Oss" to all of you Karate fans.

Antonio Espinós President European Karate Federation (EKF)

## 59<sup>th</sup> EKF – Senior Championships 2024 Zadar

#### 1.2 Greetings from the Minister of Tourism and Sports

Dear sports friends, dear athletes, dear Karate enthusiasts,

I am very pleased that Croatia will once again gather the best karate players in Europe at the 59th EKF Senior Championships in the beautiful town of Zadar.

Croatia is a country of sports in every aspect – not only by the results achieved by our athletes at the world and European level, but also through our extensive experience in hosting of the biggest sports competitions.

That is why I am glad that the European Karate Federation has recognized that Croatian Karate Union and Croatia can successfully host another important competition, and I am



sure that the championship in Zadar will not only meet but also exceed expectations. In addition to being one of Croatia's famous coastal destinations, with a wonderful Old Town brimming with cultural and historical heritage, Zadar is also a city that lives for sport and a home to many Croatian sport legends. I believe that competing in such an environment will be additional motivation for the karate players in this Championship.

Dear athletes, I wish you a warm welcome to Croatia and hope that this championship will be a wonderful memory in your sporting career. I am sure that we will all enjoy top fights, but also invite you to experience the rich offer in this charming city of great sporting successes, interesting history and rich cultural and natural heritage.

Nikolina Brnjac

Minister of Tourism and Sports

## 59<sup>th</sup> EKF – Senior Championships 2024 Zadar

#### 1.3 Greeting from the Head of the host NF

Dear karate friends,

With great pleasure and anticipation, we extend a warm welcome to all participants, officials, and supporters to the European Seniors Karate and Para-Karate Championships Zadar 2024. This prestigious event is set to take place in the beautiful city of Zadar, Croatia, showcasing the spirit of unity, sportsmanship, and excellence in the martial arts.

As the host nation, we are honored to welcome hundreds of talented athletes from approximately fifty European countries. The diversity and skill that each participant brings to the championships, promise to make this a truly remarkable and unforgettable experience for all involved.



These championships serve as a platform for both competition and a celebration of the rich cultural tapestry that unites us all through the art of karate. Zadar, with its historic charm and scenic beauty, provides a fitting backdrop for this gathering of karate enthusiasts from across the continent.

May this event be a testament to the continuing spirit of the karate community, surpassing borders and bringing us together in the pursuit of excellence. We wish each participant the very best, and look forward to witnessing the unstoppable spirit and skill on display throughout the championships.

Welcome to Zadar, Croatia, where the heart of European karate beats as one.

Davor Cipek

President of the Croatian Karate Union

### **INTRODUCTION EKF SENIOR CHAMPIONSHIPS**

The EKF Senior Championships Zadar 2024 will be held next May 8th-12th, in Zadar, Croatia.

#### **3 COMPETITION INFORMATION**

#### 3.2 Categories

#### Individual categories

Individual Kata (age +16)

Female Male

Male Individual Kumite (age +18) -60 Kg. -67 Kg. -75 Kg. -84 Kg. +84 Kg.

Female Individual Kumite (age +18) -50 Kg. -55 Kg. -61 Kg. -68 Kg. +68 Kg.

#### **Team Categories**

Team Kata (age+16)

Female Male

Team Kumite (age +18) Female Male

#### 3.3 Age

Allocation to age category is determined by the age of the athlete at the first day of the entire championships. This means competitors must have the eligible age by 8th May 2024.



#### 4 CONTACTS INFORMATION

#### 4.1 Organizers contact details

Croatian Karate Union

Address: Trg Krešimira Ćosića 11, 10000 Zagreb, CROATIA

Contact email: zadar2024@karate.hr

#### 4.2 Local Organising Committee contact details

Organising Committee – <u>zadar2024@karate.hr</u>

Accommodation – ekfkarate2024@uniline.hr

Transportation - ekfkarate2024@uniline.hr

#### 18.3 EKF Organising Commission contact details

Mr Tervel Zwjatkow – Chairman: tervel.zwjatkow@gmail.com

#### 4.3 Safe Sport contact

EKF events must be safe for all athletes and participants and entirely free from any form of non-accidental violence, namely, harassment and abuse. Any such behaviour will not be tolerated.

If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Your first point of contact for any incident at this event is the Tervel Zwjatkow, whose contact information you can find detailed above.

Otherwise, any other incident can be reported via the <u>WKF Official Complaint Form</u> and sent to: safekarate@wkf.net

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## 59<sup>th</sup> EKF – Senior Championships 2024 Zadar

#### **5 REGISTRATION**

#### **5.1 Online registration for athletes**

Online registration can be made from 19<sup>th</sup> February until 23<sup>rd</sup> April under the following link:

## ATHLETES REGISTRATION

#### **5.2 Online registration for officiating coaches**

Online registration can be made from 19<sup>th</sup> February until 23<sup>rd</sup> April under the following link:

No coach can register if he/she is not in possession of the EKF Kumite and/or Kata Coach certification level.

## COACHES REGISTRATION

#### **5.3 Online registration for referees**

Online registration can be made from 19<sup>th</sup> February until 23<sup>rd</sup> April under the following link:

#### REFEREE REGISTRATION

#### **5.4 Onsite Registration & Accreditations**

Registration will be arranged in HQ Hotel on Tuesday, 7<sup>th</sup> May from 09:00 to 16:00 hours (Fortis Club)

Each change made after the closure of the online registration, as well as each new onsite registration, will incur a surcharge fee of 50€ per individual, in addition to the correspondent registration fee.

Cash payments in person at the registration will be accepted. No other methods of payment will be accepted at that stage.

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Timeslots will be required by every NF according with their preferences, delegations that do not have a reserved time for registration, will be attended when the registration ends after 14:00.

In the registration room only will be available two people in charge per country to make the registration of each delegation, these persons will show all the required documents and the original passport of all the members of their delegation, weigh-in will be during the competition days.

Referees and Press will make the registration in a separate desk, at the same time as their delegations.

#### 5.4.1 Required documents

Each participating country is requested to provide 2 national flags and a CD with the national Anthem during the registration.

On registration day all participants must submit **printed** a Waiver of Liability Form (Only 1 of the following per person):

- a) NF Representative & Team List
- b) Individual +18 years old
- c) Individual 18 years old (Parental Consent required)



The NF Representative takes full responsibility for the validity of all signatures and information provided.



### **6 EVENTS SCHEDULE**

Tuesday 7 <sup>th</sup> May- HQ Hotel				
TIME	EVENT	ROOM		
9:00 – 16:00	Registration for Delegations	Fortis Club		
09:00 - 11:00	EKF Executive Committee meeting	HQ Hotel / Room Nevera		
10:00 – 11:00	EKF Medical Commission meeting	HQ Hotel / Room Burin		
14:00 – 15:00	EKF Referee Commission meeting	HQ / Room Nevera		
15:00 – 18:00	EKF Congress	Fortis Club		
16:00 – 17:00	TM & TMAS Meeting	HQ Hotel / Room Burin		
17:30 – 18:30	Referee Licence Renewal Exam	HQ Hotel / Room Nevera		
18:30 – 19:30	Open Draw All Coaches	HQ Hotel / Room Levant		
20:00 – 21:00	EKF Referee Briefing	Fortis Club		

	Wednesday 8 <sup>th</sup> May- HQ Hotel	
TIME	EVENT	ROOM
09:00 - 11:00	EKF Technical Commission meeting	HQ Hotel / Room Burin

## 7 COMPETITION PROGRAMME

The competition will take place at the Krešimir Ćosić Hall, address: Splitska ulica 3, 23000 Zadar.

WEDNESDAY 08/05/2024	ACTIVITY	PLACE	
	Kata Individual - Eliminations - Performan	ces	
10:00	FEMALE	Venue	
11:00	MALE	Venue	
	Kumite Individual - Eliminations & Repechages		
12:30	Female + 68 kg Eliminations & Repechages	Venue	
13:45	Male + 84 kg Eliminations & Repechages	Venue	
15:00	Female - 68 kg Eliminations & Repechages	Venue	
16:15	Male - 84 kg Eliminations & Repechages	Venue	
17:30	Female - 61 kg Eliminations & Repechages	Venue	
18:45	Male - 75 kg Eliminations & Repechages	Venue	



THURSDAY 09/05/2024	ACTIVITY	PLACE
	Kata Team - Eliminations - Performance	es .
10:00	Male & Female	Venue
	Kumite Individual - Eliminations	
11:30	Male - 67 kg Eliminations & Repechages	Venue
12:45	Female - 55 kg Eliminations & Repechages	Venue
14:00	Male - 60 kg Eliminations & Repechages	Venue
15:10	Female - 50 kg Eliminations & Repechages	Venue
16:30	Kumite Team Male - Previous matches - until 16 teams	Venue
17:30	Kumite Team Female - Previous matches - until 16 teams	Venue

FRIDAY 10/05/2024	ACTIVITY	PLACE
	ELIMINATIONS & SEMIFINALS	
10:00	Kumite Team Male - Eliminations & Repechages	Venue
12:30	Kumite Team Female - Eliminations & Repechages	Venue
14:00	Para Karate All Categories (including Bronze medals )	Venue
17:00	OPENING CEREMONY	Venue

SATURDAY 11/05/2024	ACTIVITY	PLACE
	BRONZE MATCHES	
09:30 - 09:45	Kumite Female + 68 kg	Venue
09:45 - 10:00	Kumite Male + 84 kg	Venue
10:00 - 10:15	Kumite Female - 68 kg	Venue



10:15 - 10:30	Kumite Male - 84 kg	Venue
10:30 - 10:45	Kumite Female - 61 kg	Venue
10:45 - 11:00	Kumite Female - 55 kg	Venue
11:00 - 11:15	Kumite Male - 75 kg	Venue
	FINALS	
12:00 - 12:08	Kumite Female + 68 kg	Venue
12:08 - 12:15	Kumite Male + 84 kg	Venue
12:15 - 12:23	Kumite Female - 68 kg	Venue
12:23 - 12:30	Kumite Male - 84 kg	Venue
12:30 - 12:45	MEDALS AWARD	Venue
12:40 - 12:48	Kumite Female - 61 kg	Venue
12:48 - 13:05	Kumite Female - 55 kg	Venue
13:05 - 13:13	Kumite Male - 75 kg	Venue
13:13 - 13:25	MEDALS AWARD	Venue
13:25 - 13:45	Para Karate - Kata Male & Female - Intellectually Impaired (K21 & K22)	Venue
13:45-13:55	MEDALS AWARD	Venue
	BRONZE MATCHES	
15:30 - 15:45	Kata individual Female	Venue
15:45 - 16:00	Kata individual Male	Venue
16:00 - 16:15	Kumite Male - 60 kg	Venue
16:15 - 16:30	Kumite Female - 50 kg	Venue
16:30 - 16:45	Kumite Male - 67 kg	Venue
16:45 - 17:30	Kumite Team Female	Venue



FINALS				
18:00 - 18:08	Kata individual Female	Venue		
18:08 - 18:15	Kata individual Male	Venue		
18:15 - 18:25	MEDALS AWARD	Venue		
18:25 - 18:33	Kumite Male - 60 kg	Venue		
18:33 - 18:40	Kumite Female - 50 kg	Venue		
18:40 - 18:48	Kumite Male -67 kg	Venue		
18:48 - 19:05	MEDALS AWARD	Venue		
19:05 - 19:30	Kumite Team Female	Venue		
19:30 - 19:50	Para Karate - Kata Male & Female - Visually Impaired (K10)	Venue		
19:50 - 20:05	MEDALS AWARD	Venue		

SUNDAY 12/05/2024	ACTIVITY	PLACE
	BRONZE MATCHES	
09:00 - 09:30	Kata Team Male	Venue
09:30 - 10:00	Kata Team Female	Venue
10:00 - 11:10	Kumite Team Male	Venue
	FINALS	
12:00 - 12:15	Kata Team Male	Venue
12:15 - 12:30	Kata Team Female	Venue
12:30 - 12:45	MEDALS AWARD	Venue
12:45 - 13:20	Kumite Team Male	Venue
13:20 - 13:50	Para Karate - Kata Male & Female – Wheelchair Athletes (K30)	Venue
13:50 - 14:10	MEDALS AWARD	Venue
14:15	CLOSING CEREMONY	Venue



The detailed competition schedule will be fixed after closing the online registration in order to adequate it to the final number of athletes.

In case of a number of registrations lower than the limits, the organization reserves the right to anticipate some categories.

Detailed information will be communicated at due time.

#### 8 SPECIFIC INFORMATION FOR PARA-KARATE

#### 8.1. Key Dates

- The deadline for registration is 12<sup>th</sup> April.
  - Athletes who do not have mandatory medical documentation filled out and signed by a medical doctor will be removed from the list after 12<sup>th</sup> April.
- The deadline for reviewing medical documentation by WKF para-karate commission is April 26<sup>th</sup> April.
  - Athletes who do not meet the minimum eligibility criteria will be removed from the waiting list after 26<sup>th</sup> April.
  - Athletes who have not been confirmed to the EKF by the VIRTUS office will also be removed from the waiting list after 26<sup>th</sup> April.

#### 8.2. Para-Karate Activities' Schedule

	TUESDAY 7th MAY	
10:00 – 16:00	Registration for Delegation	Fortis Club

THURSDAY 9 <sup>th</sup> MAY							
10:00 – 18:00	10:00 – 18:00 Para-karate Athletes Classification Session						
	Mandatory for selected athletes						
19:30 – 20:00	Para-karate Open Draw	Fortis Club					
20:00 – 20:30	Para-karate Coach Meeting	Fortis Club					

<sup>\*</sup>Activities' schedule might be subject to changes after the registration is closed

#### 8.3. Para-Karate Categories

#### Para-Karate Categories

Male (age +16 years)	Female (age +16 years)			
Blind/Visually Impaired Athletes	K10	Blind/Visually Impaired Athletes	K10	
Intellectually Impaired Athletes (IQ 75 or less)	K21	Intellectually Impaired Athletes (IQ 75 or less)	K21	
Intellectually Impaired Athletes severe impairment (e.g., Down Syndrome)	K22	Intellectually Impaired Athletes severe impairment (e.g., Down Syndrome)	K22	
Wheelchair Athletes	K30	Wheelchair Athletes	K30	

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#### 8.4. Para-Karate registration

- Online registration can be made under the <u>following link.</u>
- All athletes registered shall be on the waiting list.
- During the registration procedure upload all essential Para-Karate athlete's medical documentation to the Sports ID Para-Karate athlete's profile (these uploaded documents do not need to be sent by email to the HQ).
- Only those athletes having their documents uploaded until the end of registration and having an eligible impairment (see the list of eligible impairments) may be moved from the "waiting list" to the actual list of registered athletes for the event.
- An athlete without eligible impairment according to the WKF para-karate rules and regulations will not be moved from the waiting list.
- The Head of para-karate classification can ask for supplemental medical documentation to prove the underlying health condition of the athlete.

#### The mandatory forms can be found in the following links:

#### For all athletes:

- Athlete Evaluation Consent Form
- WKF <u>Therapeutic Use Exemption (TUE) Application Form</u> (only in case the athlete uses WADA prohibited medication)
- MEDICAL DIAGNOSTIC FORMS

For Visually Impaired Athletes: K10 Medical Diagnostic Form

For Wheelchair Athletes: K30 Medical Diagnostic Form

For Intellectually Impaired Athletes: K21 and K22 Medical Diagnostic Form

K21 and K22 Eligibility Guidance Notes

K22 AAI Screening (athletes classified before

2023)

- To be considered eligible to compete as an athlete with an intellectual impairment (K21 and K22), athletes must fulfil the international eligibility criteria as defined by VIRTUS.
- Athletes must have their VIRTUS international eligibility confirmed to EKF by the VIRTUS office at the end of registration. Athletes who do not meet the VIRTUS eligibility requirements will be removed from the waiting list and will not be able to compete.

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We suggest you contact your national representative of the VIRTUS (INAS)
 https://www.virtus.sport/member or your National Paralympic Committee at least 12
 weeks before the event. However, should you require any assistance, or there is
 no VIRTUS representative in your country, please contact the Para-karate
 Commission Chairwoman at augustovicova.dusana@gmail.com to be able to solve
 any incidents in time for the EKF Championships.

All documents MUST be attached in English for ALL registered athletes.

All MDFs must be completed by a registered Medical Doctor, M.D.

- Selected athletes must attend the classification session on 9<sup>th</sup> May.
- Please see the <u>Para-karate registration checklist</u> before the completion of the registration of the Para-Karate athletes (schedule of the classification will be uploaded on Sportdata download section at least one day before the classification (it depends on the number of registrations).

#### 8.5. Para-Karate athletes per category

Every nation can register three (3) Para-Athletes per sport class. In total, 24 athletes can be called by each nation.

#### 8.6. Classification session

Classification in Para-Karate K10 and K30 sport classes consists in an extra point compensation depending on the influence of the particular impairment when performing the Kata. Detailed information can be found in the Para-Karate regulations: https://www.wkf.net/sport-parakarate.

Please, check the Para-karate Classification rules to ensure that the athlete presents at least one of the mentioned eligible impairments which have to be proven by the MDF.

- New registered Para-Karate athletes must present themselves for a mandatory onsite Classification Session performed by qualified personnel before the championships. The Classification Session will therefore be performed on 9<sup>th</sup> May.
- A timetable of classification and the list of athletes who have to attend the classification session will be published after the registration online.
- Attendance to the Classification Session is obligatory for all new athletes, for athletes with sport class status review listed in the classification session timetable.
- Without a participation in such event, it is not possible to take part in the championships.

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#### The following documents must be provided at the classification session:

- 1. Accreditation of the athlete.
- 2. ID card or Passport of the athlete.
- 3. Original MDFs, TUE (if necessary), Consent Form as provided prior with the registration.
- 4. Original diagnostic Report as described in the MDF for Intellectual Impairments as provided with the registration.

#### The following equipment must be checked at the classification session:

- FOR VISUALLY IMPAIRED ATHLETES (K10) IBSA standardized Blindfolds (Goalfix Eclipse total blackout eyeshades, TRANSITION PERIOD 1.1.2023 – 31.12.2023)
- FOR INTELLECTUALLY IMPAIRED ATHLETES (K21 and K22) sport glasses (if needed)
- FOR WHEELCHAIR USERS (K30): Competition wheelchair
   Leg straps (if needed)
   White shoes and socks for competition.

#### 8.7. Coaches and personal assistants

- Maximum of three coaches can be registered for Para-Karate per Nation.
- Any coach wishing to be registered will need to be in possession of the EKF Kumite and/or Kata Coach certification level.
- Every Para-Karate athlete can be accompanied by a personal assistant during their performance in the field of play.
- Coaches and assistants accompanying Para-Karate athletes MUST register together with their delegation at the onsite registration session only.
- All athletes must use the same sportswear and equipment for classification as they use during competitions.
- Concerning athletes with visual impairments, no extra testing will be performed during the classification session. Nevertheless, the athletes have to show up to the classification with the documents and equipment mentioned above. Extra points will be given based on the Medical Diagnostic Form.
- During the medal bouts, male coaches and personal assistants are required to wear a dark suit, shit, and tie while female coaches and personal assistants may choose to wear a dress, pantsuit or a combination of jacker and skirt in dark colours.



#### 8.8. Rules

WKF Para-Karate Rules in force will apply, for more information, please visit: <a href="https://www.wkf.net/pdf/WKF">https://www.wkf.net/pdf/WKF</a> Para Karate Competition Rules 2023.pdf

#### 8.9. Anti-doping

In compliance with WKF Anti-Doping Rules and WADA, Para-Karate athletes will be subject to any eventual testing. If any Para-Karate athlete would need a Therapeutic Use Exemptions (TUE), please contact your National Anti-Doping Organization for further details and recognition. The duly recognized TUE at national level will then have to be duly communicated to the WKF.

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#### 9 COACHES PROGRAMME

Please find below all information of the Programme for EKF Coaches that is going to be taking place in Zadar (Croatia) on occasion of the 59th European Senior Championships 2024.

It is possible to homologate a WKF Kumite and/or Kata Coach (coach level 2) license by the EKF.

To do so, you must fill in the form: "Request for the Homologation of a WKF Coach Certification by the EKF" and send it to the e-mail; <a href="mailto:ekf@ekf.com.es">ekf@ekf.com.es</a>, together with the bank proof of payment of the homologation fee.

After receiving the written approval of EKF homologation, you can register to officiate as a coach at the event.

The WKF Accredited Coach license (coach level 1) is not homologated by the EKF.

After the online registration closes on April 23<sup>rd</sup>, 2024, no homologations will be accepted.

The minimum level required for coaches to take part in EKF Championships is the:

"EKF Kumite/Kata Coach" certification (coach level 2)

In case a WKF Kumite and/or Kata Coach license is not homologated by the EKF, any coach who wants to officiate at the event must first register and obtain the EKF Accredited Coach certification (coach level 1) to register and attend the Kumite/Kata examination (coach level 2).

#### 9.1 Online Registration

The online registration to take part in the "Accredited Briefing & Kata/Kumite Coach Exam" will open on 19<sup>th</sup> February at 12:00 (GMT +0) and will close on 23<sup>rd</sup> April at 12:00 (GMT+0). The link to register in the "Accredited Briefing & Kata/Kumite Coach Exam" is:

**EKF COACH COURSE** 

**REGISTRATION** 

#### 9.2 Onsite Registration

The onsite registration to take part in the "Accredited Briefing & Kata/Kumite Coach Exam" will take place on Monday, 6<sup>th</sup> May, from 12:00 – 15:00 hrs at Fortis Club.

#### 9.3 Coach Course Schedule

DATE	HOUR	PLACE	
	16:00 – 17:30		
MONDAY	17:45 – 18:30	Kumite Coach Exam	Fortis Club
06/05/2024	18:45 – 19:30	Kata Coach Exam	
	19:30 – 20:30	Certified Kata/Kumite Results and Accreditations delivery	

#### 9.4 Fees and payment

We would like to remind you that the fees for the Programme for EKF Coaches are as follows:

Briefing	for "Accredited	Coach" level:	200 EUR
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Examination for "Certified Kumite Coach": 150 EUR

Examination for "Certified Kata Coach": 150 EUR

Both Examination for "Certified Kumite Coach" and "Certified Kata Coach": 200 EUR

Homologation WKF\* Level (Kumite and/or Kata ONLY):

150 EUR

Payment for the Programme for EKF Coaches should be preferably made by Bank Transfer to the bank account listed below:

Account Name: EUROPEAN KARATE FEDERATION

Bank Name: CAIXABANK

Bank Address: Alberto Aguilera, 26 – 28008 Madrid – SPAIN

Account Number:

IBAN: ES06 2100 3415 6122 0008 1707

BIC/SWIFT Code for all Account Numbers: CAIXESBBXXX

VERY IMPORTANT: <u>To avoid possible incidences</u>, it is essential to indicate to your bank when you made the bank transfer the CONCEPT by which the payment is made.

<u>During the onsite registration</u>, all payments must be made CASH. No other methods of payment will be accepted.

<sup>\*</sup>After the online registration closes on April 23rd, 2024, no homologations will be accepted.

## **10 EKF APPROVED PROTECTIONS & TATAMIS**

#### **SPORT PROTECTIONS "WKF Approved"**

























#### **DISTRIBUITORS ASSISTANCE "WKF Approved"**

\*Click on the image to visit the distributors by countries.



<sup>\*</sup>Click on the logos



#### OFFICIAL KARATEGI KARATE 1 – SERIES A

Kumite and Kata karategis with the brand name embroidered on the shoulders in **RED or BLUE** are of mandatory use in <u>EKF Continental Championships.</u>

The authorized companies to use these karategis models are:

ADIDAS	ARAWAZA	BESTSPORT	BUDO-NORD
DAEDO	<u>HAYASHI</u>	<u>PUNOK</u>	SHUREIDO
<u>SMAI</u>	TOKAIDO	WACOKU	WESING
BLITZ	FIGHT ART	<u>FUJIMAE</u>	<u>HAYATE</u>
<u>HIROTA</u>	<u>IPON</u>	<u>ITAKI</u>	KAITEN
KAMIKAZE	KIHON	<u>KO</u>	KWON
MIZUNO	МООТО	MUVON	NAGASHI

\*Click on the logos

**SFJAM NORIS** 

#### TATAMIS "WKF Approved"

**PROFORCE** 









**TOKYODO** 

\*Click on the logos



#### 11 COMPETITION VENUE

SPORTS CENTER VIŠNJIK Krešimir Ćosić Hall Splitska ulica 3 23000 Zadar





OFFICIAL TATAMI FOR THIS TOURNAMENT

#### 12 TICKET FOR SPECTATORS

Tickets for the European Seniors Karate and Para-Karate Championships in Zadar, Croatia, will be available for purchase both online and at designated sales points. Ticket prices, sales locations, and online purchasing instructions, will be published in the next bulletin.

#### 13 TRAINING FACILITIES - BOOKINGS

The OC will provide the National Federations, who submit the relevant applications in due time, with a place and time for training. The application through email <a href="mailto:zadar2024@karate.hr">zadar2024@karate.hr</a> must be received before April 15<sup>th</sup>.

Transportation to the training area will be provided at a cost. For the Training inquires, requests and bookings, please send mail to <a href="mailto:ekfkarate2024@uniline.hr">ekfkarate2024@uniline.hr</a>



#### **14 MEDIA**

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations through the online registration form which can be found here:

#### PRESS REGISTRATION

A mixed zone will be available for accredited journalists and photographers.

#### Video recording will not be allowed

Should you need more information about press or media related issues, please directly contact the European Karate Federation's office: press@wkf.net

#### 15 ANTIDOPING EDUCATION

As a participant in karate, it is your responsibility to follow the WKF Anti-Doping Rules. Click the <a href="here">here</a> to take an Anti-Doping Education & Learning Course and learn more about your responsibilities and visit our <a href="website">website</a>. For a few hours, you help keep karate a clean sport.



#### **Course Recommendations**

International-level Athletes Education
High Performance Coach Education
Medical Professionals Education
Parents of Elite Athletes Education



#### **16 CITY / COUNTRY INFORMATION**

#### 16.1 About Zadar

Zadar, located on the Adriatic coast of Croatia, is a historic city with a rich cultural heritage and stunning coastal scenery. Its well-preserved Old Town features ancient Roman ruins, medieval churches, and charming cobblestone streets. One of Zadar's most iconic attractions is the Sea Organ, an innovative art installation that produces musical sounds using the natural movement of the waves. The city is also home to the Sun Salutation, a solar-powered installation that creates a mesmerizing light show at sunset. Zadar's diverse culinary scene, beautiful beaches, and vibrant atmosphere make it a popular destination for tourists seeking a blend of history, art, and coastal beauty.

#### 16.2 How to get to Zadar

#### 16.2.1 Flight

Zadar has ist own airport, which is only 11 kilometers away from the town. However, there are several more airport suggestions in Croatia you can explore.

- 1. Zadar Airport <a href="https://www.zadar-airport.hr/">https://www.zadar-airport.hr/</a>
- 2. Split Airport <a href="https://m.split-airport.hr/index.php?lang=en">https://m.split-airport.hr/index.php?lang=en</a>
- 3. Zagreb Airport https://www.zagreb-airport.hr/en

#### 16.2.2 Bus

You can look up timetables for buses to and from Zadar on the <u>Zadar Bus Terminal</u> website. You will find routes from and to all the major towns, cities and places in Croatia, such as Zagreb, Split, Dubrovnik, Rijeka, Sibenik and elsewhere.

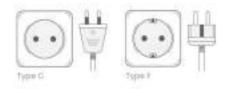
#### 16.3 Practical Information

**Language:** Croatian, but mostly everyone speaks good English.

**Currency:** EURO as of January 2023. Croatian kunas are no longer currency you can pay within Croatia.

Time zone: GTM+1

**Power plugs and sockets:** Croatia operates on a 230V supply voltage and 50Hz.





### 17 ACCOMMODATION AND TRANSFERS

#### 17.1 HQ Hotel

HOTEL IADERA 5\*

Address: Resort Punta Skala, 23231, Petrčane

Distance from the sports hall: 14km



Resort Punta Skala Map





#### 17.2 Official hotels

**HOTEL DIADORA 5\*** 

Address: Resort Punta Skala, 23231, Petrčane

Distance from the sports hall: 14 km



APARTMENTS SENIA 4\*

Address: Resort Punta Skala, 23231, Petrčane

Distance from the sports hall: 14 km





FUNIMATION HOTEL 4\*

Address: Ul. Majstora Radovana 7, 23000, Zadar

Distance from the sports hall: 5km



ADRIANA HOTEL 4\*

Address: Ul. Majstora Radovana 7, 23000, Zadar

Distance from the sports hall: 5km





**DONAT HOTEL 3\*** 

Address: Ul. Majstora Radovana 7, 23000, Zadar

Distance from the sports hall: 5km



#### 17.3 Hotel Prices

Reservations can be made through the official agency's email.

Email: ekfkarate2024@uniline.hr

	RATES			RATES			RATES		
HOTELS	SINGLE	DOUBLE	TRIPLE	SINGLE	DOUBLE	TRIPLE	SINGLE	DOUBLE	TRIPLE
	BED & BREAKFAST		HALF BOARD			FULL BOARD			
HQ IADERA 5*	200,00€	140,00€	/	220,00€	160,00€	/	260,00€	200,00€	/
DIADORA 5*	185,00€	120,00€	/	205,00€	140,00€	/	225,00€	160,00€	/
APARTMENTS SENIA 4*	/	100,00€	/	/	120,00€	/	/	140,00€	/
FUNIMATION 4*	140,00€	90,00€	/	160,00€	110,00€	/	180,00€	130,00€	/
ADRIANA 4 *	140,00€	90,00€	/	160,00€	110,00€	/	180,00€	130,00€	/
DONAT 3*	80,00€	65,00€	/	95,00€	80,00€	/	110,00€	95,00€	/

<sup>\*</sup>Rates (in EUR) are per person per night, inclusive of VAT and tourist city tax.

The listed rates are valid for bookings until the 1<sup>st</sup> of March. For all bookings made after that date, the rates will increase by 10%.

Check in: 14:00 | Check out: 10:00



In order to secure the reservation, at least 50% of the total amount has to be paid within 24 hours of making the reservation and receiving confirmation of availability from Uniline operators. The rest of the payment has to be made by 15<sup>th</sup> April. After the bank transfer is done, a guest needs to send proof (confirmation) of payment received from the bank to the email address: Otherwise, Uniline will not be obligated to carry out the services. Confirmation is subject to availability. Please bear in mind that accommodation capacity is limited, and the reservations will be confirmed on a first come, first served basis. The organization reserves the right not to accept further reservations once the limit is reached. To ensure the best possible accommodation for all athletes, please make your reservations as soon as possible.

#### **CANCELLATION POLICY**

Until April 01st: no penalties

Between April 02nd and April 15th: 50% penalties

After April 15th: 100% penalties.

#### 17.4 Transport Services

Reservations at: ekfkarate2024@uniline.hr

	SEDAN		MINIVAN		MINIBUS		BUS	
	RATES	MAX. CAPACITY	RATES	MAX. CAPACITY	RATES	MAX. CAPACITY	RATES	MAX. CAPACITY
Airport Zagreb -	370,00€		450,00€		1.200,00€		1.400,00€	
Zadar								
Airport Zadar -	50,00€	3	60,00€	6	160,00€	14	420,00€	49
Zadar		3		0		14		49
Airport Split -	240,00€		270,00€		470,00€		780,00€	
Zadar								

#### 17.5 Meals at the Venue

Reservations and info at: ekfkarate2024@uniline.hr

#### **18 VISA REQUIREMENTS**

As of 1 January 2023, the Schengen acquis is in full application in the Republic of Croatia as a **Schengen area Member State**. The visa regime of the Republic of Croatia is part of the EU acquis.

More information on visa procedure and a search engine defining conditions per country can be found **here**.

Invitation letters should be requested to <u>zadar2024@karate.hr</u> by 1st of March 2024, at the latest.

#### 19 OMISSIONS

As regards that the specific items are not expressly foreseen in the present bulletin reference is to be made to the general rules and guidelines contained in EKF Regulations.















